



# County Commissioners of Charles County

## PROCLAMATION 2023-56

### National Parks and Recreation Month

**WHEREAS**, parks and recreation is an integral part of communities throughout this country, including Charles County, Maryland and promotes health and wellness, and the physical and mental health of people who live near parks; and

**WHEREAS**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance, well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS**, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

**WHEREAS**, parks and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

**WHEREAS**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, attraction and retention of businesses, and crime reduction; and

**WHEREAS**, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change and ensures the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS**, the U.S. House of Representatives has designated July as Parks and Recreation Month and Charles County recognizes the important benefits derived from parks and recreation resources.

**NOW THEREFORE, WE, THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND,** do hereby proclaim July 2023 as **National Park and Recreation Month** in Charles County.

### COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND

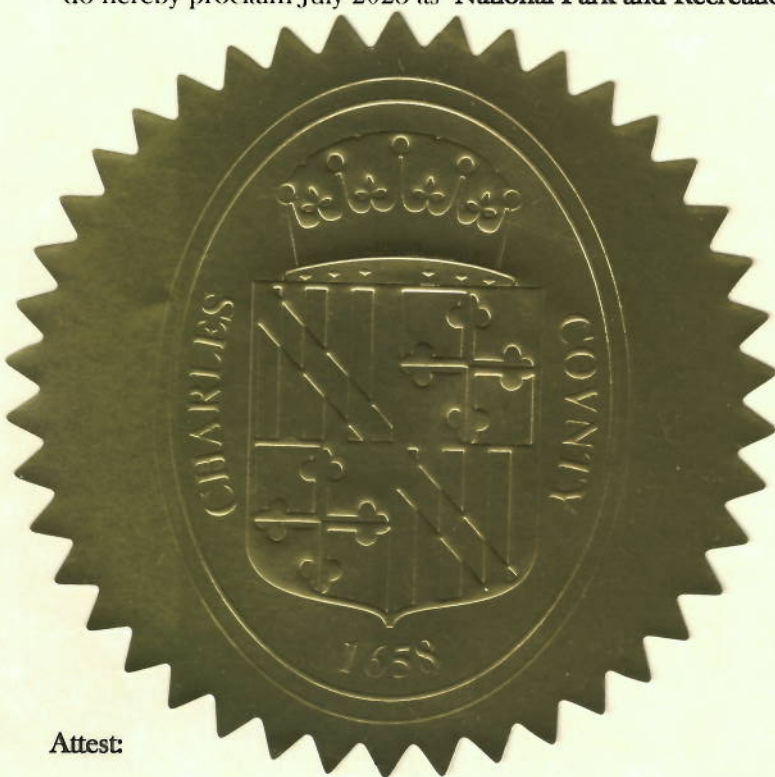
Reuben B. Collins, II, Esq., *President*

Ralph E. Patterson, II, M.A., *Vice President*  
District 4

Gilbert O. Bowling, III  
District 1

Thomasina O. Coates, M.S.  
District 2

Amanda M. Stewart, M.Ed.  
District 3



Attest:

Carol A. DeSoto, Clerk to the Commissioners