



# County Commissioners of Charles County

## PROCLAMATION 2023-79

### National Bullying Prevention Month

**WHEREAS**, National Bullying Prevention Month is a time to educate and bring awareness about the harmful effects that bullying has on kids and adults; and

**WHEREAS**, according to the Center for Disease Control in 2019, bullied students and adults have an increases risk of mental health issues such as depression or anxiety which can lead to sleep problems that impact their daily lives; and

**WHEREAS**, the National Center for Education Statistics discovered that one in five kids between the ages of 12-18 years old have been bullied during the school year; and

**WHEREAS**, the Anti-defamation League concluded that people are less likely to report an incident of bullying as they get older; and

**WHEREAS**, bullying is physical; verbal; sexual; and emotional attacks or intimidation that is intentionally directed at a person or group of people; and

**WHEREAS**, bullying occurs in neighborhoods; playgrounds; schools; workplace and through technology such as on the internet, cell phones, and social media platforms which is known as cyberbullying; and

**WHEREAS**, targets of bullying and cyberbullying are more likely to experience physical, emotional and learning problems, and students who are repeatedly bullied often fear riding the bus, going to school and attending community activities; and

**WHEREAS**, the Anti-Bullying theme for 2023 is "Make a Noise About Bullying"; and

**WHEREAS**, the Charles County Commissioners encourage the community to help educate and raise awareness about bullying prevention and support Unity Day on October 18, 2023 focused on kindness, acceptance, and inclusion.

**NOW, THEREFORE, WE, THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND**, do hereby proclaim October 2023 as **National Bullying Prevention Month** in Charles County and encourage residents to wear blue throughout the month of October to "Go BLUE together against bullying."

### COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND

Reuben B. Collins, II, Esq., *President*

Ralph E. Patterson, II, M.A., *Vice President*  
District 4

Gilbert O. Bowling, III  
District 1

Thomasina O. Coates, M.S.  
District 2

Amanda M. Stewart, M.Ed.  
District 3



Attest:

Carol A. DeSoto, Clerk to the Commissioners