

## County Commissioners of Charles County

## **PROCLAMATION 2021-42**

## NATIONAL SUICIDE PREVENTION WEEK

WHEREAS, the week of September 5th through 11th, 2021 is National Suicide Prevention Week, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, the past year has presented our communities with challenges and led to transitions that, expected or unexpected, welcomed or not, can be unsettling, disorienting, and stressful; and

WHEREAS, the pandemic has changed our fabric of life, and major life changes are environmental risk factors for suicide; and

WHEREAS, knowing the signs of suicide, finding the words to communicate with someone they are concerned about, and reaching out to local resources; and

WHEREAS, connecting, working with, and supporting one another can help prepare us for the future; and

WHEREAS, all Charles County residents are urged to play a role in suicide prevention and promote mental health and wellness as we strive towards zero suicides and take the opportunity to educate our community about the warning signs for suicide and how to reach out and connect to those experiencing an emotional crisis.

NOW, THEREFORE, WE, THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND, proclaim September 5-11, 2021 as NATIONAL SUICIDE PREVENTION WEEK and that September 10<sup>th</sup> be declared WORLD SUICIDE PREVENTION DAY in Charles County and urge all residents to learn the warning signs to identify and appropriately respond to people at risk.

COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND

Reuben B. Collins, 11, Esq., *President* 

Bobby Rucci., Vice President

Delbert O. Barly M

District 4

Gilbert O. Bowling, 111

District 1

Thomasina O. Coates, M.S.

District 2

Amanda M. Stewart, M.Ed.

District 3

Attest:

Carol A. DeSoto, Clerk to the Board of Commissioners