

# Medicare Self Enrollment Labs



Join one of our helpful self-enrollment sessions if you have independent computerability; and/or want to review plan options with limited guidance.

SHIP counselors will be available for support and answering your questions while reviewing and choosing a plan.

**REMINDER!**  
The Medicare Open Enrollment Period is:  
**Oct. 15 – Dec. 7**

Date • Time	Location
Oct 22 • 9 a.m.-Noon . . . . .	Indian Head Senior Center
Oct 23 • 9 a.m.-Noon . . . . .	Waldorf Senior & Recreation Center
Oct 30 • 9 a.m.-Noon . . . . .	La Plata Library
Nov 13 • 9 a.m.-Noon . . . . .	Waldorf Senior & Recreation Center
Nov 19 • 9 a.m.-Noon . . . . .	Waldorf West Library
Dec 4 • 9 a.m.-Noon . . . . .	Richard R. Clark Senior Center



**SHIP**  
State Health Insurance Assistance Program

**Phone Assistance:**  
Clark Senior Center: 301-609-5712  
Waldorf Senior Center: 240-448-2816

Charles County Dept. of Community Services  
8190 Port Tobacco Road, Port Tobacco, MD  
301-934-9305 (MD Relay: 7-1-1)