

WINTER 2024

Charles County
Recreation, Parks, and Tourism



GUIDE

**Youth
Art Exhibit** (p.9)

**HBCUFest
College Explosion** (p.10)

Aqua Circuit (p.27)



www.CharlesCountyParks.com

Look for the Spring GUIDE Coming in February 2025



Friendship Landing Farm

Pictured above, this 382 acre scenic park overlooks the Nanjemoy Creek and offers a variety of recreational activities from hiking and fishing to playing baseball. The trails are great for hikers, equestrians, and nature lovers with nearly four miles of waterfront and woodland hiking opportunities.

Friendship Landing Park & Farm
4715 Friendship Landing Rd.
Nanjemoy, MD 20662

The Winter **GUIDE** is Here!

It's the most joyful time of the year! As we gear up to celebrate this festive season, we invite you to join us for some exceptional holiday programs. Enjoy **SWIMMING WITH SANTA** or unleash your creativity with **DIY CHRISTMAS SWAG**. History enthusiasts can explore the past with the **CHARLES COUNTY HOLIDAY TOUR**, delving into our area's rich heritage.

Embrace winter with the **CHARLES COUNTY RECREATION, PARKS, AND TOURISM RECPASS**—a gateway to unlimited fun all year long. This membership card grants access to all drop-in programs for a full year, with an option to include a pool membership for endless aquatic adventures. Whether you're a solo adventurer, a couple, a parent-child duo, or a family, there's a RecPASS tailored for you—making it a perfect stocking stuffer to spread holiday cheer among your loved ones!

As we step into the new year, why not commit to learning something new? Our offerings include computer coding courses, drop-in programs, and workshops designed to ignite new interests. If fitness is on your 2025 agenda, try our **REBOUND FITNESS** and **AQUA BOOT CAMP** classes to help you achieve your fitness objectives. Don't forget to enjoy our parks year-round by taking a refreshing walk or bike ride along our picturesque trails!

Looking to engage your teens more in the community in the upcoming year? Our **FRIDAY TEEN HANGOUTS** provide a free program for 13–17-year-olds, offering a variety of activities aimed at promoting youth development in Charles County. These hangouts offer a safe and inclusive space for teens to socialize, learn new skills, and cultivate lasting friendships, as we invest in the future of our community.

We're moving! We'll be transitioning from our home in Port Tobacco to a new, bigger, and brighter space in La Plata, and we can't wait to show you! Stay tuned for more information on where you'll be able to find us in the near future. This exciting change will allow us to better serve the community and bring you and your family even more exciting offerings here in Charles County. Until then, please continue to visit us at our office in Port Tobacco or online at www.CharlesCountyParks.com for all your registration needs!

Whatever you choose to do during this special season, we hope to see you and your family at our recreation programs, parks, or historical sites. Let's work together to make this holiday season and the coming year truly unforgettable!

Sincerely,

Kelli Beavers, CPRP, CPM
Director, Recreation, Parks, and Tourism

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Have you heard about RecAssist?



Eligible recipients can receive financial assistance to purchase a RecPASS. See pg. 5 for details!



REGISTRATION AND REFUND POLICIES

Online Registration

Online registration is available for most programs at: www.CharlesCountyParks.com.

Please take note of the following regarding your online registration:

- Registration for minors (17 and younger) requires adult input and information.
- Not all programs are available for online registration.
- Online payments are accepted by MasterCard, Visa, and Discover Card only.

To register for programs not currently offered online, please follow the standard enrollment process.

Standard Enrollment

A completed and signed registration form, along with payment, is due at the time of registration.

Checks and money orders must specify the program by code, and must be for the exact amount, payable to: Charles County Commissioners. Checks must include the current address, telephone number, and driver's license number with expiration. Information must be included for the person making payment.

Cash payment is only accepted at the main Department of Recreation, Parks, and Tourism office at 8190 Port Tobacco Rd., Elite Gymnastics, Waldorf Senior and Recreational Center, all indoor pools, Capital Clubhouse, Gilbert Run Park, and White Plains Golf Course. Except for limited programs/activities, cash is not accepted at community centers.

Discover, MasterCard and Visa payments are accepted by mail, in person, or via fax at Gilbert Run Park and the main office in Port Tobacco.

Mail-in payments with a signed registration form are only accepted at:

Charles County Dept. of Recreation, Parks, and Tourism
Attn: Registration Office
8190 Port Tobacco Road
Port Tobacco, MD 20677

If proof of age is requested, it must be submitted within three days of the request made by the registration office.

Transfers

Requests to transfer from one activity to another must be received, in writing, at least 7 days prior to the start of an activity. Please send all requests to Registration@CharlesCountyMD.gov. After a transfer has been made, no additional transfers or refunds will be accepted for that program. In the event excess funds remain after a transfer has been completed, account credit will be issued and must be used within 12 months. Account credit is non-refundable. Administrative fees will not be held for transfers.

Returned Check Fees

Checks returned for insufficient funds or other reason will incur a fee of up to, but not more than, \$35 for each occurrence. We do not redeposit returned checks; only cash, money order, or credit card accepted for face value of check, plus the return check fee. Persons who fail to rectify this obligation will be denied participation.

Refund Policies

All requests for refunds must be received, in writing, at least 7 days prior to the start of an activity. Please send all requests to Registration@CharlesCountyMD.gov. All approved refunds of \$30.00 or more will be assessed a \$15.00 administrative fee per participant, per activity code. Account credit will be issued for all refunds under \$30.00 - account credit must be used within 12 months of issue and is non-refundable; no administrative fee will be assessed. Late fees and T-shirt costs are non-refundable. No refunds will be issued for missed classes. No refunds will be considered after a program has begun.

Americans With Disabilities

Charles County Government welcomes the participation of individuals with disabilities. As with all county government, we comply fully with the Americans With Disabilities Act in making reasonable accommodations to encourage involvement. If you require special assistance and would like to participate in our programs, please call 301-932-3470.

Maryland Relay 7-1-1 • Relay TDD: 1-800-735-2258

Efforts will be made to accommodate the disabled and non-English speaking residents with advance notice to 301-932-3470.

FACILITY LOCATIONS — Online Users: Click on the location name to view map.



Recreation, Parks & Tourism Main Office
8190 Port Tobacco Rd., Port Tobacco • 301-932-3470

Community Centers and Recreation Centers

For hours please visit: www.CharlesCountyParks.com

Billingsley Community Center
10069 Billingsley Rd., White Plains
301-944-1091

Davis Community Center
2495 Davis Rd., Waldorf
301-392-5533

Hanson Community Center
3165 John Hanson Dr., Waldorf
301-645-2186

Henson Community Center
3535 Livingston Rd., Indian Head
301-375-7875

Mattawoman Community Center
10145 Berry Rd., Waldorf
301-645-6865

Piccoaxen Community Center
12834 Rock Point Rd., Newburg
301-259-2503

Smallwood Community Center
4990 Indian Head Hwy, Indian Head
301-743-3020

Somers Community Center
300 Willow Lane, La Plata
301-932-6679

Stoddert Community Center
2040 St. Thomas Dr, Waldorf
301-645-4847

Wade Community Center
2300 Smallwood Dr., Waldorf
301-645-9291

Elite Gymnastics and Recreation Center
2745 Old Washington Rd., Waldorf
301-934-6747

Port Tobacco Recreation Center
8190 Port Tobacco Rd., Port Tobacco
301-932-3470, ext. 5161

Waldorf Senior and Recreational Center
90 Post Office Rd., Waldorf
240-448-2810

Capital Clubhouse
Hours: M-Su 9 a.m.-9 p.m.
3033 Waldorf Market Place, Waldorf
301-932-4348
Operated by Black Bear Sports Group

Aquatics

Pool Locations

Hours are subject to change without notice. All patrons will be cleared from the water 15 minutes prior to facility closing.

Indoor Pools

Donald M. Wade Aquatic Center 301-934-7474
5305 Piney Church Rd., Waldorf

Lackey Pool301-743-2470
3000 Chicamuxen Rd., Indian Head

North Point Pool 301-934-7475
2500 Davis Rd., Waldorf

Outdoor Pools

La Plata Pool
6035 Radio Station Rd, La Plata

Thomas Stone Pool
3785 Leonardtown Rd, Waldorf

Thunderstorm Policy

All patrons will be cleared from pools after the first sight or sound of an approaching thunderstorm and remain cleared for a full 30 minutes after the last clap of thunder or sight of lightning.

Daily Admission

RecPASS Children age 12 and younger must always be accompanied by an adult age 18 and older. Any group of eight or more must make reservations with the pool manager at least two weeks prior. Please call any of the indoor pool locations for more information.

Age 2 & Younger	Free
Youth (Age 3-12) & Senior (Age 60+)	\$.5
Adult (Age 13-59)	\$.6
Punch Cards and RecPASS Annual Memberships are available. See page 5 for more information.	

Lap Swimming

Lap lanes are available during most posted open hours. Visit www.CharlesCountyParks.com/Recreation/Aquatics to view the current lap swimming schedule for each facility. Lap lanes will be limited to one person per lane, unless with a member of the same household. Hours subject to change without notice.

View Pool Calendars online for the most up to date open swim hours, lap swimming hours, and more!

Hours of operation vary by location. Visit www.CharlesCountyParks.com for information.

FACILITY LOCATIONS

Online Users: Click on the location name to view map.

County Parks

Parks Hours: 8:00 a.m. to dusk unless otherwise noted. For specific information on each park, please visit: www.CharlesCountyParks.com.

Bensville Park

6980 Bensville Road, White Plains

Bryantown Sport Complex

5665 Bryantown Road, Waldorf
Only open during scheduled programming.

Chapel Point State Park

8855 Chapel Point Road, Port Tobacco

Charlie Wright Park

101 Dr. Mitchell Lane, Indian Head

Friendship Farm Park

4705 Friendship Landing Road, Nanjemoy

Gilbert Run Park

September: 8:00 a.m. to 6:00 p.m.
October: 8:00 a.m. to 5:00 p.m.
13140 Charles Street, Charlotte Hall
301-932-1083

Laurel Springs Regional Park

5940 Radio Station Road, La Plata

Mallows Bay Park

1440 Wilson Landing Road, Nanjemoy
Open year round 5:30 a.m. to dusk

Maxwell Hall Park

6680 Maxwell Hall Drive, Hughesville

Oak Ridge Park

13675 Oaks Road, Hughesville

Pisgah Park

6645 Mason Springs Road
La Plata

Port Tobacco River Park and Tom Roland Natural Resource Area

7685 Chapel Point Rd., Port Tobacco

Robert D. Stethem Memorial Sports Complex

4250 Piney Church Road, Waldorf
Open during scheduled programming

Ruth B. Swann Memorial Park

3100 Ruth B. Swann Drive, Bryans Road

Southern Park

15884 Wilson Road, Newburg

Turkey Hill Park

9430 Turkey Hill Road, La Plata

White Plains Regional Park and Skatepark

1015 St. Charles Parkway, White Plains

White Plains Golf Course

1015 St. Charles Parkway, White Plains
Apr-Oct: M-Su 7:30 a.m. to 5:30 p.m.
Nov-Mar: M-Su 8 a.m. to Dusk
301-645-1300



What is RecPASS?

It's an annual membership that gives you unlimited visits to drop-in programs, and certain pool programs.

A variety of membership options are available for all ages, youth to seniors, as well as family packages. Financial assistance is available for qualifying applicants. See below.

Learn more:

www.CharlesCountyParks.com/Recreation/RecPASS

Look for the  in **The GUIDE** for eligible programs!

RecAssist

RecPASS financial assistance is available for individuals who receive assistance from low or limited-income programs.

Eligible recipients will receive a \$200 program credit to be used for recreation programs. Funding for this program is on a first come, first serve basis until funds are depleted. Participants would have a minimum 20% co-pay per program activities.

Eligibility details, and how to apply:

www.CharlesCountyParks.com/Recreation/RecAssist



Funding for the RecAssist program is on a first-come, first-serve basis until funds are depleted. Participants would have a minimum of 20% co-pay per program activities.

RecAssist is not guaranteed and is approved based upon need, program space, and availability of funds. Receiving assistance does not give priority if registration is late and/or the class is full.

All applicant's personal information is kept confidential. Class instructors and program leaders are not informed of the applicant's assistance status.



Tourism Division

www.ExploreCharlesCounty.com

8190 Port Tobacco Rd., Port Tobacco • 1-800-766-3386

Crain Memorial Welcome Center

12480 Crain Highway Newburg • 301-259-2500
Email: WelcomeCenter@CharlesCountyMD.gov

Historic Stag Hall

8450 Commerce Street, Port Tobacco • 301-392-3418
Email: HistoricDistrict@CharlesCountyMD.gov



PAVILION AND FACILITY RENTALS

Gilbert Run Park Pavilions

Let nature's beauty enhance your next reunion, company picnic, or birthday party. Gilbert Run is the only park where picnic facilities and pavilions may be reserved. Reservation requests for 2024 will open in February and must be made online at www.CharlesCountyParks.com/Parks/Pavilion-Rentals. For more information, call the park office at 301-932-1083.

Pavilion	Capacity	Resident	Non-Resident
Playground	Up to 50	\$100	\$125
Southbridge	Up to 50	\$100	\$125
Dockside	Up to 50	\$100	\$125
Hilltop	Up to 125	\$150	\$175
Amphitheater	Up to 250	\$300	\$325
Brookside	Up to 400	\$400	\$425

Private Pool Rentals

The Indoor Community Pools are available for private pool rentals. Perfect for birthday parties, family gatherings, church groups, camps, day care groups, group parties, and more. The rental is for three hours and includes certified lifeguards.

Reservations must be made in person at least two weeks in advance at any of the indoor pool locations. Non-refundable, 50% deposit due at time of reservation. Call for available dates and times.

No. of Guests	Resident	Non-Resident
Up to 100	\$400	\$450
100-150**	\$500	\$550
More than 150 Guests: Call for availability and pricing **Only at Lackey Indoor Pool		

Recreation Center Rentals

Available for private rentals, birthday parties, family gatherings, church groups, camps, day care groups, group parties, and sports team practices. Minimum two hour rental required.

Elite Gymnastics and Recreation Center
2745 Old Washington Rd, Waldorf
301-934-6747

Port Tobacco Recreation Center
8190 Port Tobacco Rd, Port Tobacco
301-932-3470

Waldorf Senior and Recreational Center
90 Post Office Rd, Waldorf
240-448-2810 *Call for rate/availability*

Contact locations directly for rates and availability.

Minimum Liability Insurance may be required depending on activity and rental space requested. Reservations must be made in person at least two weeks in advance. Non-refundable, 50% deposit due at time of reservation.



GIFT CERTIFICATES

Give the gift of FUN with a Charles County Recreation, Parks and Tourism gift certificate! Available in \$10, \$15, \$20, \$25, \$50, or \$100, our gift certificates are a fun way to share our great programs and classes with your family and friends. Visit www.CharlesCountyParks.com for details.



Birthday Parties Have Never Been So Fun...Or Easy!



Choose a theme and location, bring the kids and a birthday cake, and we'll take care of the rest. All parties are two hours on select Friday evenings, Saturdays, or Sundays, varying by location. Staff will lead the kids through selected games or activity during the first hour of the party and the second hour is for your celebration! Parties are for children turning age 4-12 unless otherwise noted.

Contact locations shown below directly for availability and to book your party today.

Fee: 1-20 Participants: \$225 • \$10 each additional child
(Max: 30 participants, varies by location)

Includes: Set-up and clean-up, 20 8oz bottles of water, and one party favor for each attendee. Parents are welcome to bring additional food, drinks, and/or other items to personalize their party.



PARTY CATEGORIES

Birthday Bonanza
Waldorf Senior & Recreational Center and Port Tobacco Recreation Center
Classic birthday party games including activities such as musical chairs, obstacle course, parachute, pin the tail on the donkey, and more.

Jumping Gymnastics
Elite Gymnastics and Recreation Center
Led by our gymnastics staff, kids will have a blast bouncing on trampolines, jumping in the "pit," balancing on beams, climbing the rope, and flipping on the spring gymnastics floor.

Sports Mix Up
Waldorf Senior & Recreational Center and Port Tobacco Recreation Center
Perfect for a young athlete. Held in our gymnasium: choose basketball, soccer, T-ball, dodgeball, kickball, or other indoor sporting games and activities.

Swim and Splash
Lackey Indoor Pool
Enjoy an hour of free swim time to splash, swim and dive, or play water basketball. The zero-depth entry at Lackey Pool is perfect for younger swimmers. Parties are supervised by certified lifeguards.

To learn more, contact party locations directly or visit:
CharlesCountyParks.com/Recreation/Birthday-Parties

EXPERIENCE THE OUTDOORS

Playgrounds

Enjoy hours of fun at any one of the many playgrounds with equipment that is contemporary, encourages innovative play, and meets all industry standards for safety compliance. The playground at Laurel Springs Regional Park is designed to accommodate children with special needs. Public playgrounds are available year round at the following locations:

Bensville Park, Cobb Island Playground, Gilbert Run Park*,
Laurel Springs Regional Park, Oak Ridge Park, Pisgah Park,
Robert D. Stethem Park**, Ruth B. Swann Memorial Park,
Southern Park, and White Plains Regional Park

**Parks are closed Dec-Feb
**Park only open during scheduled events*

Boat Ramps and Fishing Opportunities

Friendship Farm Park (Free • Open year-round dawn to dusk)

Single-lane boat ramp with access to the main stem of the Potomac and the extensive immediate protected waters of Nanjemoy Creek. Kayak launch available.

Gilbert Run Park (No launch fee • Open Mar-Nov with seasonal hours)

Access for electric motors only to the 60-acre Wheatley Lake with fishing for Bass, Bluegill, Trout, and Catfish. Ramp for electric motors only. Canoes, pedal boats, and kayaks welcome and available for rent. Fishing supplies and concessions available.

Hatton Creek (Free • Open year-round dawn to dusk)

Single-lane ramp with access to the Wicomico River. Directions from La Plata: take Rt. 301 south. Left on Rt. 257 towards Cobb Island. Left on Hatton Creek Road. Follow to end.

Mallows Bay Park (Free • Open year-round 5:30am-dusk)

Single-lane ramp with protected access to the Potomac River. Recommended for small watercraft (shallow water). Kayak launch available. Directions from La Plata: take Rt. 6 west. Right on Liverpool Pt Road. Right on Rt. 224. Left on Wilson Landing Road. Follow to end.

Marshall Hall (Free • Open year-round dawn to dusk)

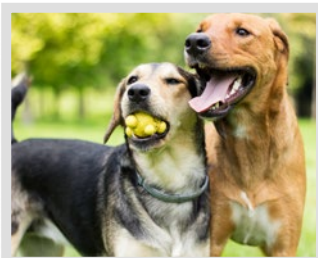
Double ramp situated above Greenway Flats in Mount Vernon area of the Potomac River. Directions from Rt. 210 (Indian Head Hwy South). Make right turn onto Rt. 227. Follow to end.

Dog Parks

White Plains Regional Park and Turkey Hill Park

Locations offer public off-leash areas where dog owners and their pets can enjoy safe, legal areas in which dogs can run, play, and socialize. Dog owners enjoy the dog parks just as much as their four-legged friends! Each one-acre park has two separate fenced-in areas. The large area is designed for general dog play. The smaller area is for smaller dogs, puppies (must be at least 4 months old) or for shy dogs not quite ready to socialize in the larger general play area. Plastic pick-up bags are provided by the park for visitors to clean up after their dogs. Drinking water is available at White Plains location only (not during winter months).

Open Hours: M-Su 8:00am until Dusk
(Closed Thanksgiving, Christmas and New Year's Day)



Trails

Whether you walk, jog, hike, ride a horse or a bike, we have a trail for you. Pets are welcome on all trails but must be on a leash.

Bicycle and Hiking Trail

Indian Head Rail Trail

This 13-mile recreational trail connects White Plains with the Town of Indian Head. The smooth paved surface offers excellent opportunities for cycling, walking, running and excellent wildlife viewing. Parking areas/trail access points are available at Theodore Green Blvd. in White Plains, Middleton Road, Bensville Park, Rt. 224/Livingston Road, and the Village Green in Indian Head. Open year-round during daylight hours.



Hiking Only Trails

Gilbert Run Park Trail

This 1.6-mile nature trail travels along the edge of the 60-acre Wheatley Lake. Features include fishing pavilions, beaver colony observation deck, boardwalks and bridges. Open Mar-Nov.

Laurel Springs Park Trails

Winding around the edges of the athletic complex, this 1.6-mile trail is ideal for jogging or a quick lunch hour stroll. Open year round.

Pisgah Park

The park offers a .75-mile paved walking trail with workout stations spaced along the trail. Open year-round.

Port Tobacco River Park & Tom Roland Natural Resource Area

Charles County's newest park boasts 3 miles of walking trails which offer excellent views of local wildlife. Open year-round.

Equestrian and Hiking Trails

Friendship Farm Park Trails

Seven miles of recreational trails providing access to 382 acres of forest and farmland. Explore the outstanding natural resources and serenity that surround Nanjemoy Creek. Features include interpretive signs, benches, wildlife viewing, and observation decks. Open year-round for hiking. Open Apr-Oct for equestrian activity.

Oak Ridge Park Trails and Show Rings

This 7-mile trail network offers equestrians and hikers a wide variety of trail options. Features include hilly terrain, creek crossings, bridges, flat open areas and two show-quality riding arenas which are open to the public except during special events. Open year-round.

Maxwell Hall Park Trails

Fourteen miles of trails for hikers and horses have features including flat wide-open riding, "intense" and hilly wooded terrain, cross country jumping course, trail obstacle course, and beachfront riding along the Patuxent River. Hikers and birders may use trails free of charge. A \$25 annual membership is required to ride at the facility. Open year-round.



Charles County
Legends, Lore and Room to Explore

ExploreCharlesCounty.com

#ExploreCharlesCounty   

HAPPY
HOLIDAYS

From Explore Charles County!

Enjoy the “holly jolly” season by doing something fun with the people you love. Celebrate the holidays by attending a live performance, grabbing unique gifts at a small business, or indulging in seasonal flavors from a local restaurant.



SAVE THE DATE!
RESTAURANT WEEK • JAN 10-19, 2025

Savor some of your culinary favorites with friends and family! Participating businesses, including restaurants, food trucks, bakeries, and craft beverage providers, will be offering special deals, rates, and specials.

Do not miss out!



'Tis the Season for Holiday Happenings

Event details subject to change - visit websites for current information.

UNWRAP THE GIFT OF CHARLES COUNTY

Give the gift of Charles County with the “With Love From Charles” gift card program! Find one-of-a-kind items and great savings in Charles County’s unique shopping scene. Remember to support local businesses, as they are the heartbeat of our community. Scan for details.



MATTAWOMAN CREEK ART CENTER HOLIDAY MARKET

Nov 2–Dec 15 The Mattawoman Creek Art Center presents their annual holiday market. Find special gifts for the holidays in the scenic gallery that overlooks the Potomac River.
Details: www.mattawomanart.org

THE TRIAL OF EBENEZER SCROOGE

Nov 29–Dec 15 Visit the Port Tobacco Players theatre this season for a rendition of *The Trial of Ebenezer Scrooge*, a sequel to *A Christmas Carol*, by Charles Dickens. In this theatrical performance you will witness Scrooge return to his “bah humbug” ways.
Details: www.ptplayers.com

CHARLES COUNTY HOLIDAY TOUR

Dec 7–8 This holiday tour throughout the county features a variety of historic homes, churches, and cultural venues decked in holiday décor. Participating locations will be open to the public and offering special event programming. Locations and times vary.
Details: ExploreCharlesCounty.com/see-do/holiday-tour



TREE LIGHTINGS

- Nov 29 Shops at Waldorf Center Tree Lighting
- Dec 8 La Plata Olde Tyme Holiday Gathering – Celebrate the season with family fun, holiday music, and more! Enjoy a larger-than-life tree lighting while doing some last minute shopping.

KRIS KRINGLE MARKET

Dec 13–15 This popular event offers light displays, hand-made items from local vendors, family - friendly activities, food and music. Shop for holiday gifting items at the Kris Kringle Holiday Market at the Charles County Fairgrounds. Times vary
Details: charlescountyfair.com/kriskringlechristmasmarket/

For more holiday events and updates visit:
ExploreCharlesCounty.com/events

SPECIAL EVENTS — Pre-Registration Required

Mother & Son Carnival Night

Come one, come all - the hottest carnival is in town! Enjoy a night out with your son with carnival themed games, food, activities, and keepsake crafts. Fee includes one child and one adult. Additional children will be discounted at checkout.

Resident Fee: \$60; Non-Resident: \$65

Age 3-12 Waldorf Sen & Rec 401212-WR F Nov 15 6:30-8:00p

Superhero Day

Calling all superheroes! Spend the morning with us and brush up on your super-powers by participating in fun activities to enhance your abilities to run faster than a speeding bullet, jump over tall buildings, and complete the obstacle course.

Resident Fee: \$20; Non-Resident: \$25

Age 3-9 Smallwood 401374-SM Sa Nov 16 10:30a-Noon

Trade Skills Career Expo

Do you want a bird's eye view in the skilled trades? Are you ready to meet your future career? This is your chance to engage with the pros located right here in Charles County. There will be equipment demonstrations, chats, and opportunities to learn about what careers could be in your future.

FREE!

Age 13-18 Parks & Grounds Shop 301360-PG W Nov 20 Noon-3:00p

Holiday Craft Making Workshop

Get into the holiday spirit with our Holiday Craft Making Workshop! This fun, hands-on event is perfect for all ages. You'll create unique holiday decorations, personalized gifts, and keepsakes with guidance from our friendly instructors. No experience needed—just bring your enthusiasm! We'll provide all the materials, along with hot cocoa, holiday treats, and festive tunes. Come, make something special, and enjoy the warmth of the season with us! (Price includes families of four. Each additional family member is \$5.00)

Resident Fee: \$40; Non-Resident Fee: \$45

Age 5+ Elite 406060-EL Sa Dec 7 1:00-4:00p

Swimming with Santa

Have you been naughty? Or have you been nice? Only Santa can tell, so bring your suit and join in the pool for holiday fun and games. Activities include above water or submerged picture with Santa, water games, and an arts and crafts station.

Admission Fee: \$15

All Ages Lackey Pool 408010-LK Sa Dec 14 2:00-4:00p



Youth Art Exhibit —

"New Year Dreaming"

The Charles County Youth Art Exhibit will be a celebration of creativity as we highlight the many talents of our youth! We welcome you to join us for a fun filled day of music, dance performances, free learn to paint classes, youth open mic opportunity, light refreshments, and much more. This year's theme will be "New Year Dreaming."



All artist looking to include their artwork in the showcase must submit an art registration form at the time of registration.

Pre-registration is required, and space is limited.

- All art must be turned into Billingsley Community Center on December 13 between 5:30-8:30 p.m.
- Artists may submit up to two forms of art in any form and medium including paintings, sculptures, written word/poetry, etc.
- All art on paper, cardstock, poster board, or any form of paper products must be submitted in frames.

Resident Fee: \$15; Non-Resident: \$20

Age 4-17 Billingsley 401714-BI Sa Dec 14 10:00a-2:00p



Christmas Cookie Decorating with Mrs. Claus

This Christmas holiday let Mrs. Claus teach you how to decorate some of Santa's favorite cookies. After all, who knows Santa better than Mrs. Claus! Participants will get a hands-on experience at making royal icing and learn different ways to decorate shortbread cookies. Participants will get to take photos with Mrs. Claus, take home all their decorated cookies, and a delicious shortbread cookie recipe to share with the whole family! Adult participation required for ages 3-5. Pre-registration is required, and space is limited.

Resident Fee: \$20; Non-Resident: \$25

Age 3-10 Billingsley 401350-BI W Dec 18 6:30-8:00p

SPECIAL EVENTS — Pre-Registration Required

Ice Princess Party at Elite

Join us for a magical winter Ice Princess Party! Girls are encouraged to wear their most enchanting white and silver outfits as we transform into ice princesses for an afternoon of frosty fun. With sparkling crafts, a royal dress-up corner, and a whimsical winter dance party, this event will be filled with laughter, creativity, and snowy surprises. Don't miss out on this enchanting experience fit for an ice princess!

Resident Fee: \$45; Non-Resident: \$50

Age 5+ Elite 106061-EL Sa Jan 25 1:00-3:30p

HBCUFest College Explosion

Historically Black Colleges and Universities have aided in defining the history and culture of the USA. HBCUFest will emphasize exposing youth and teens to the culture of some of the premier colleges and universities in the country. The day will be filled with engagement and exciting interactions with various HBCU representatives. Additionally, teens will see performances, door prizes, student panels and attend information sessions. Online registration required for raffle entry (1 entry per participant). Must be present to win.

Free!

Age 12-17 Westlake HS 101400-01 Sa Feb 15 10:00a-3:00p

Let's Ride: CIAA Edition

The CIAA Basketball Tournament is coming to Baltimore and the Fan Fest is an experience you don't want to miss. The event features performances, college recruiters, exhibit booths, and so much more. Pick-up and drop-off location will be the Donald M. Wade Aquatic Center (St. Charles High School).

Free!

Age 13-17 DM Wade Pool 101177-SC Sa Feb 22 8:30a-4:00p



Sweetheart's Pre-K Prom

Join us for a night to remember with your little sweetheart! Begin your night with a red-carpet entrance, followed by an evening of dancing, games, and light refreshments. Cap the night off with the always popular Sweetheart's Prom Parade. All children must be accompanied by a loved one.

Resident Fee: \$20; Non-Resident: \$25

Age 2-6 • Somers • 101397-SO

F • Feb 7 • 6:30-8:00p

RECREATION, PARKS, & TOURISM IS ON THE MOVE!

We'll be transitioning from our home in Port Tobacco to a new, bigger, and brighter space in La Plata, soon and we can't wait to show you! Stay tuned for more information on where you'll be able to find us in the near future. This exciting change will allow us to better serve the community and bring you and your family even more exciting offerings here in Charles County.

Until then, please continue to visit us at our office in Port Tobacco or online at www.CharlesCountyParks.com for all your registration needs!



SPECIAL EVENTS – Pre-Registration Required



WINTER HOLIDAY MARKET

Billingsley Community Center
Sa • Nov 23 • 10:00a-2:00p

Enjoy shopping for unique crafts and handmade goods at our Winter Holiday Market. Just in time for those special holiday gifts! Shoppers are admitted at 10 a.m. Free admission to shop, enjoy some hot cocoa and find those special gifts!

PROM-O-RAMA

Get connected with resources for the ultimate prom experience from your attire to transportation. **Prom-o-Rama** is your one stop location to create the ultimate prom experience and truly make your prom a magical night to remember! Free admission to shop and network with vendors from across the local area.

Henson
Sa, Feb 22, 10:00a-2:00p
101398-HE • Rent Space and Provide Own Tables (2 Max):
\$40 (Resident); \$45 (Non-Resident)

CALL FOR VENDORS! Crafts & More Fair

Calling all artisans, crafters, and merchandisers! Come sell your unique, handcrafted items or products at our upcoming Crafts and More Fair!

Billingsley
Saturday, March 15, 10:00a-2:00p
101344-BI • Rent Space and Provide Own Tables (2 Max): \$40 (Resident); \$45 (Non-Resident)

Vendor Registration

All vendors must pre-register. Visit www.CharlesCountyParks.com to register online. A vendor agreement will be provided following your registration.

Vendor Event	Description	Details	Code	Description	Cost: Resident / Non-Resident
Winter Holiday Market	Artisans, crafters, and merchandisers! Sell your unique, handcrafted items or products.	Billingsley Sa, Nov 23, 10:00a-2:00p	401145-BI	Rent Space	\$40 / \$45
			401145-B1	Food Vendor	\$40 / \$45
Prom-O-Rama	Local businesses! Advertise your services and sell your prom products.	Henson Sa, Feb 22, 10:00a-2:00p	101398-HE	Rent Space	\$40/\$45
Crafts & More Fair	Artisans, crafters, and merchandisers! Come sell your unique, handcrafted items or products.	Billingsley Sa, March 15, 10:00a-2:00p	101344-BI	Rent Space	\$40 / \$45

1. Pre-registration is required

2. See description for details on indoor/outdoor for events.

3. Rental spaces are 10' and pre-marked by staff

4. Vendors must provide own tables (2 max), chairs (and tents if desired)

5. Electricity is not available

6. Food vendors are limited to 3

7. All items being sold must be washed and clean

8. Set-up may be started up to two hours prior to the start of the event

9. Stations must be set up by no later than 30 minutes prior to the start of the event

10. Vendors will not be allowed entry after the event start time

11. Limited to two people per rental space and must stay for entire event

12. Vendors are encouraged to offer cashless options for shoppers when possible

To offer a diverse selection of products, we will be placing a limit on the number of vendors allowed per company (LuLaRoe, Pampered Chef, Tupperware, etc.)

MARTIAL ARTS

Online, Pre-Registration Required

Taught by William Blake – Students learn the basic principles and health benefits of any one of the three Martial Art styles of your choice listed below. Topics to be covered may include kicks, punches, blocks, forms, tumbling, falls, breathing, history, and self-defense. At the end of the course, students will be able to test for a belt in their Martial Art style. Hapkido style will involve tumbling. Equipment fee will be collected at the first class.

Resident Fee: \$65; Non-Resident: \$70; Equipment Fee: \$45

Hapkido

Age 4-6	Little Dragons	Somers	101108-SO	Tu	Jan 7-Feb 25	5:30-5:55p
Age 7-13	Juniors	Somers	101109-SO	Tu	Jan 7-Feb 25	6:00-6:45p
Age 7+	Intermediate	Somers	101110-SO	Tu	Jan 7-Feb 25	6:50-7:50p

Tang Soo Do

Age 4-6	Little Dragons	Mattawoman	101112-MA	Th	Jan 9-Feb 27	5:30-5:55p
Age 7-12	Juniors	Mattawoman	101113-MA	Th	Jan 9-Feb 27	6:00-6:45p
Age 13+	Adults	Waldorf Sen & Rec	101114-WR	Sa	Jan 11-Mar 1	11:45a-12:35p

ITF Taekwondo

Age 4-6	Little Dragons	Waldorf Sen & Rec	101115-WR	Sa	Jan 11-Mar 1	10:30-10:55a
Age 7-12	Juniors	Waldorf Sen & Rec	101116-WR	Sa	Jan 11-Mar 1	11:00-11:45a



Love Taekwondo

Taught by Master Lynnette Love, a 1988 Olympic Gold Medalist and 8th Dan Grandmaster, who has been teaching since 1984. Students will learn basic kicking, punching and self-defense skills through repetition and will promote through various belts to the ultimate goal of Black Belt. Sparring techniques, kicking targets, and basic forms (pattern to an invisible opponent) are some of the physical elements of taekwondo. Equipment fee will be collected at the first class. No class February 17.

Testing Fees:

\$55 (up to Jr Red Belts); \$70 (Red Belts to Jr Black Belts); \$70 Uniform and \$25T-Shirt fee (Optional)

Resident Fee: \$140; Non-Resident: \$150

Age 6-10	Davis	101201-DA	M/W	Feb 3-Mar 17	6:00-6:45p
Age 11-17	Davis	101201-D1	M/W	Feb 3-Mar 17	7:00-7:45p

Rec Xpress, our mobile recreation unit, is coming to a community near you!

To see our schedule of events, visit:
www.CharlesCountyParks.com/Recreation/Mobile-Recreation

REC X PRESS



ADULT LEISURE PROGRAMS – Pre-Registration Required

DIY Glass Etching

We will teach you how to take stencils and ordinary glasses and create two unique masterpieces. All supplies included or bring your own glassware. No plastic or Pyrex.

Resident Fee: \$20; Non-Resident: \$25

Age 18+	Somers	401311-SO	Tu	Dec 3	6:00-7:00p
	Waldorf Sen & Rec	101311-WR	Th	Jan 2	6:00-7:00p
	Elite	101311-EL	Tu	Feb 18	6:00-7:00p



DIY CHRISTMAS SWAG OR WREATH

We will provide greenery, supplies, inspiration, and guidance for your one-of-a-kind holiday swag or wreath decoration. Use for the front door, outdoor posts, lanterns, etc. A large bow and instructions are included.

Resident Fee: \$20; Non-Resident: \$25

Age 18+	Waldorf Sen & Rec	401121-WR	W	Dec 4	6:00-7:00p
	Somers	401121-SO	Sa	Dec 7	11:00a-Noon

Date Night Cuisine

Looking to learn more about the world of fun and tasty cuisine? We got it covered. Our hands-on cooking classes will teach you how to make a meal that is Instagram worthy. Classes will cover a variety of cooking aspects such as food preparation, measuring/weighting food, roasting, frying, presentation, and did we mention it will taste amazing. Best part, you get to eat what you cook!

Class Themes:

- December – Holiday Treats
- January – New Year, New Flavors
- February – Sweetheart's Kitchen

Resident Fee: \$40; Non-Resident: \$45

Age 18+	Wade	401713-WA	Sa	Dec 14	11:00a-12:30p
	Davis	101713-DA	Sa	Jan 18	1:00-2:30p
	Somers	101713-SO	Sa	Feb 22	1:00-2:30p

Nuthin' Basic Custom Workshops

Workshop requires participants to have a laptop, tablet, or smart phone to utilize applications. All other materials are provided.

Tumblers

Come learn how to make beautiful one-of-a-kind tumblers, the perfect gift for any occasion, graduations, bridal or baby showers gifts, birthdays and or just a fun time out. This class will equip you with the knowledge and skills to create personalized custom designs using sublimation. Class focuses on fostering creativity and technical ability in a hands-on learning environment.

Resident Fee: \$60; Non-Resident: \$65

Age 16+	Waldorf Sen & Rec	101251-WR	Sa	Jan 25	10:00a-2:00p
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Apparel

Come learn how to make custom pieces of apparel for any occasion, graduations, bridal or baby showers, birthdays and more. This class will equip you with the knowledge and skills to create custom apparel using a Cricut machine and various vinyl selections. Class focuses on fostering creativity and technical ability in a hands-on learning environment.

Resident Fee: \$60; Non-Resident: \$65

Age 16+	Waldorf Sen & Rec	101250-WR	Sa	Feb 22	10:00a-2:00p
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CERTIFICATIONS – Pre-Registration Required

NRPA Aquatics Facility Operator Certification

The National Recreation and Park Association offers the premier certification program in swimming pool operations, the Aquatic Facility Operator (AFO) certification. The AFO program provides the most comprehensive and up-to-date training for pool operators and includes information on water chemistry, disinfection, mechanical systems, operations, healthy pools, and safety. Materials included in course fee.

Resident Fee: \$300; Non-Resident Fee: \$310

Age 16+	Lackey Pool	408002-LK	Sa-Su	Nov 16-17	8:00a-5:00p
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Lifeguard Class Blended Learning Class

Designed to provide participants with the knowledge and skills necessary to ensure the safety of patrons at aquatic facilities Blended learning combined online learning with in-person skills sessions where you will practice skills and demonstrate competency. Digital Textbook and CPR mask are included in the course fees. Refunds will not be given if participant does not pass the prerequisites or fails to complete the certification requirements. Please call the pools for more information.

Resident Fee: \$225; Non-Resident: \$230

Age 15+	DM Wade Pool	508030-SC	F-Su	Dec 27-29	8:00a-4:00p
	Lackey Pool	508030-LK	Th-F	Feb 27-28	5:00-9:00p
			Sa-Su	Mar 1-2	9:00a-5:00p



INFANT/TODDLER (PRE-K) PROGRAMS – Pre-Registration Required

Art Adventure

Join us for a fun and creative arts and crafts adventure. Every class we will create multiple masterpieces. Whether it will be paint, construction paper, glue, crayons, or something else – your child will love the artwork they bring home. Adult participation is required. Each month will be a different theme.

Resident Fee: \$12; Non-Resident: \$14

Age	Location	Room	Day	Date	Time
Age 2-6	Henson	401318-HE	Tu	Dec 3	6:00-6:45p
	Elite	401318-EL	Th	Dec 5	6:00-6:45p
	Henson	101318-HA	Tu	Jan 14	6:00-6:45p
	Mattawoman	101318-MA	Th	Jan 16	6:00-6:45p

DIY Christmas Ornaments

Enjoy spending time with your little one making memories while creating one of a kind Christmas Ornaments. All supplies included. Parent participation is required. Only the child needs to be registered.

Resident Fee: \$12; Non-Resident: \$14

Age	Location	Room	Day	Date	Time
Age 4-8	Billingsley	401333-BI	Tu	Dec 3	6:30-7:30p
	Somers	401333-SO	Th	Dec 5	6:00-7:00p
	Henson	401333-HE	Tu	Dec 17	6:00-7:00p

Mini Makers

Start your little one's passion for building and creating right here with our Mini Makers program. Our hands on classes will introduce participants to common work tools such as screw drivers, hammers, nuts and bolts, clamps, and much more as they work to complete new and exciting projects. Each class participant gets to build a new project and uncover different tools. Adult participation required for participants ages 4-5.

Resident Fee: \$15; Non-Resident: \$20

Age	Location	Room	Day	Date	Time
Age 4-8	Billingsley	401708-BI	Sa	Dec 7	10:30-11:30a
	Smallwood	101708-SM	Sa	Jan 11	10:30-11:30a
	Somers	101708-SO	Sa	Feb 15	10:30-11:30a

Toddler Chef

Our young toddler chefs will explore a variety of culinary adventures, creating uniquely themed snacks. Each month will be a different, seasonal theme. We encourage you to wear your own chef hat and apron. Adult participation is required.

Resident Fee: \$12; Non-Resident: \$14

Age	Location	Room	Day	Date	Time
Age 2-6	Elite	401139-EL	Tu	Dec 17	6:00-6:45p
	Smallwood	401139-SM	Th	Dec 19	6:00-6:45p
	Piccowaxen	101139-PI	Tu	Jan 21	6:00-6:45p
	Wade	101139-WA	Th	Jan 23	6:30-7:15p
	Nanjemoy	101139-NJ	M	Jan 27	2:00-2:45p
	Henson	101139-HE	Sa	Feb 15	10:00-10:45a
	Billingsley	101139-BI	W	Feb 19	6:30-7:15p

Move and Groove

Let your kids run, jump, and play to the sound of music. We will play short, exciting games to get your little one moving and grooving. Adult participation is required.

Free!

Age	Location	Room	Day	Date	Time
Age 2-5	Elite	401240-E2	W	Dec 18	11:00-11:45a
	Elite	101240-EL	W	Jan 15	11:00-11:45a
	Billingsley	101240-BI	Tu	Jan 28	6:30-7:15p
	Elite	101240-E1	W	Feb 12	11:00-11:45a
	Waldorf Sen & Rec	101240-WR	Sa	Feb 15	1:00-1:45p
	Mattawoman	101240-MA	Th	Feb 20	6:00-6:45p

STORYTIME

Reading aloud creates memories and encourages critical thinking. Come join us for a fun, interactive story, and an activity to follow. Adult participation is required.

Free!

Age	Location	Room	Day	Date	Time
Age 2-5	Elite	401132-E2	W	Dec 18	Noon-12:45p
	Elite	101132-EL	W	Jan 15	Noon-12:45p
	Billingsley	101132-BI	Tu	Jan 28	7:30-8:15p
	Elite	101132-E1	W	Feb 12	Noon-12:45p
	Mattawoman	101132-MA	Th	Feb 20	7:00-7:45p



Little Fingers of Love

Your little one and you will spend the evening creating handmade Valentine's keepsakes and cards. All supplies are included. Adult participation is required.

Resident Fee: \$12; Non-Resident: \$14

Age	Location	Room	Day	Date	Time
Age 4-8	Waldorf Sen & Rec	101372-WR	Sa	Feb 1	10:00-10:45a
	Somers	101372-SO	Th	Feb 13	6:00-7:00p

Mad Scientist

Come discover the wonderful world of science and get lost in creative and fun experiments. Learn about chemical reactions, formulating hypotheses and how everyday items can create tons of fun! Create an invisible message or a homemade lava lamp all with a bit of science.

Resident Fee: \$35; Non-Resident: \$40; Single Day Fee: \$12

Age	Location	Room	Day	Date	Time
Age 3-5	Smallwood	101705-SM	Sa	Feb 22-Mar 15	10:00-10:45a

Instructors Wanted

Do you have a skill or talent that you would like to share with others?

The Department of Recreation, Parks, and Tourism is looking for recreation class instructors for a variety of programs, likes and interest! Learn more at:

www.CharlesCountyParks.com/Recreation/Instructors

FRIDAY TEEN HANGOUTS



Our **FREE Friday Teen Hangouts** offer a number of interactive and engaging activities which promote positive youth development.

FRIDAYS • 6-9 P.M.

Locations and schedules may vary throughout the year.

Available at: Waldorf Senior & Recreational Center
Davis, Smallwood, Somers, Stoddert and
Wade Community Centers

AGE 13-17 • FREE!

A **Friday Hangout RecCard** is required to attend.
Visit CharlesCountyParks.com for more details.



YOUTH AND TEEN PROGRAMS — Pre-Registration Required

RecPASS

MEEPLES AND TABLETOP

Join us for an interactive program for ages 16 and above who want to go on an adventure, tell a story together, role-play interesting characters, and work as a team to complete a goal. Our Meeples and Tabletops program will allow participants to experience some of the best tabletop role-playing games available. All supplies will be provided. Just bring your imagination. No drop-in January 20.

Resident Fee: \$20; Non-Resident: \$25; Drop-In Fee: \$8

Age 16+	Waldorf Sen & Rec	501039-WR	M	Nov 18-Dec 9	6:00-8:00p
	Waldorf Sen & Rec	501039-WR	M	Jan 6-Feb 3	6:00-8:00p
	Waldorf Sen & Rec	501039-WR	M	Feb 24-Mar 17	6:00-8:00p



Kid's Night Out at Elite - Holiday Movie Night

Drop your kids off and enjoy a peaceful evening at home! Get into the holiday spirit with Elite Gymnastics' festive Holiday Movie Nights. Your children will enjoy holiday classics, free play in the gym, pizza, snacks, and drinks.

Movies:

- November - Home Alone 1 & 2
- December - The Grinch and Jingle Jangle

Resident Fee: \$30; Non-Resident: \$35

Age 5-14	Elite	506350-11	Sa	Nov 23	5:30-9:00p
	Elite	506350-12	Sa	Dec 14	5:30-9:00p

Beautifully Brilliant Mentorship Program

This monthly workshop that prepares girls to meet the challenges of adolescence and young adulthood through a coordinated, progressing series of high-quality activities and learning experiences that will help them to achieve social, emotional, and physical well-being. Girls will participate in 1:1 mentoring & enrichment activities, that will assist in them becoming more confident. They will also gain the ability to analyze their own strengths and weaknesses, set goals, and authentically boost their self-esteem.

Resident Fee: \$25; Non-Resident: \$30

Age 8-12	Elite	406040-01	Sa	Dec 14	12:30-2:30p
	Elite	106040-01	Sa	Jan 18	12:30-2:30p
	Elite	106040-02	Sa	Feb 15	12:30-2:30p

Art Adventure

Join us for a fun and creative arts and crafts adventure. Every class we will create multiple masterpieces. Whether it will be paint, construction paper, glue, crayons, or something else – your child will love the artwork they bring home. Adult participation is required. Each month will be a different theme.

Resident Fee: \$12; Non-Resident: \$14

Age 7-12	Henson	401320-HE	Tu	Dec 3	7:00-7:45p
	Elite	401320-EL <th>Th</th> <th>Dec 5</th> <th>7:00-7:45p</th>	Th	Dec 5	7:00-7:45p
	Hanson	101320-HA	Tu	Jan 14	7:00-7:45p
	Mattawoman	101320-MA	Th	Jan 16	7:00-7:45p

Mini Makers

Start your little one's passion for building and creating right here with our Mini Makers program. Our hands on classes will introduce participants to common work tools such as screw drivers, hammers, nuts and bolts, clamps, and much more as they work to complete new and exciting projects. Each class participant gets to build a new project and uncover different tools. Adult participation required for participants ages 4-5.

Resident Fee: \$15; Non-Resident: \$20

Age 4-8	Billingsley	401708-BI	Sa	Dec 7	10:30-11:30a
	Smallwood	101708-SM	Sa	Jan 11	10:30-11:30a
	Somers	101708-SO	Sa	Feb 15	10:30-11:30a

Cooking 101 for Teens and Tweens

Cooking 101 is the perfect choice for your tween or teen looking to learn the basics of cooking and meal preparation! Participants will learn essential cooking techniques and work alongside their peers to gain and develop new culinary skills. Participants will get to enjoy their deliciously prepared meals at the end of class or choose to take them home.

Class Themes:

- December – Holiday Treats
- January – New Year, New Flavors
- February – Sweet & Savory Valentine's Day Delights

Resident Fee: \$40; Non-Resident \$45

Age 11-16	Wade	401221-W2	Sa	Dec 7	11:00a-12:30p
	Davis	101221-DA	Sa	Jan 18	11:00a-12:30p
	Somers	101221-SO	Sa	Feb 22	11:00a-12:30p

All About LEGOs

Calling LEGO fans! Your child will have an opportunity to make LEGO projects with others, compete in games, and build off the wall structures – all using LEGOs! Each month will be a different lesson.

Resident Fee: \$12; Non-Resident: \$14

Age 6-12	Elite	401158-EL	Tu	Dec 10	6:00-7:00p
	Mattawoman	401158-MA	Th	Dec 12	6:00-7:00p
	Billingsley	101158-BI	Tu	Jan 21	6:30-7:30p
	Henson	101158-HE	Tu	Feb 11	6:00-7:00p
	Piccowaxen	101158-PI	Th	Feb 13	6:00-7:00p

WACKY SCIENCE

Mad science or just plain fun... you decide! Your child will enjoy conducting a variety of messy science experiments and fun activities, such as chemical reactions, slime, quicksand, and more. Each month has a different theme.

Resident Fee: \$20; Non-Resident: \$25

Age 6-12	Mattawoman	401701-MA	Tu	Dec 10	6:00-7:00p
	Henson	101701-HE	W	Jan 8	6:00-7:00p
	Billingsley	101701-BI	W	Feb 12	6:30-7:30p



YOUTH AND TEEN PROGRAMS – Pre-Registration Required

Parent & Me: Pastry & Paint Night

Come channel your inner artist with this easy-to-follow paint and pastries night! You and your child will create a fun and unique two-part painting that is sure to be a fantastic conversation starter in your home! Each month will be a different seasonal theme. Fee includes one adult and one child.

Resident Fee: \$40; Non-Resident: \$45

Age 6-14	Waldorf Sen & Rec	401226-W3	F	Dec 6	6:00-7:30p
	Waldorf Sen & Rec	101226-WR	F	Jan 17	6:00-7:30p
	Waldorf Sen & Rec	101226-W1	F	Feb 14	6:00-7:30p

Kid's Night Out at Henson

Wouldn't you like to enjoy a quiet night out while knowing your children are having a ball playing at one of our Community Centers? Well, here is your chance! Our fun filled nights will keep your child busy with a variety of games, crafts, and refreshments. Each child will receive 2 pieces of pizza, a drink, and snacks.

Resident Fee: \$20; Non-Resident: \$25

Age 5-14	Henson	401089-12	F	Dec 13	6:00-9:00p
	Henson	101089-01	F	Jan 24	6:00-9:00p
	Henson	101089-02	F	Feb 21	6:00-9:00p



Future Chef

Our young future chefs will explore a variety of culinary adventures creating a uniquely themed snack. Each month will be a different seasonal theme. Wearing your own chef hat and apron is encouraged.

Resident Fee: \$12; Non-Resident: \$14

Age 7-12	Elite	401135-EL	Tu	Dec 17	7:00-7:45p
	Smallwood	401135-SM	Th	Dec 19	7:00-7:45p
	Piccowaxen	101135-PI	Tu	Jan 21	7:00-7:45p
	Wade	101135-WA	Th	Jan 23	7:30-8:15p
	Nanjemoy	101135-NJ	M	Jan 27	3:00-3:45p
	Henson	101135-HE	Sa	Feb 15	11:00-11:45a
	Billingsley	101135-BI	W	Feb 19	7:30-8:15p

Public Speaking Master Classes for Kids

Sessions will focus on the fundamentals of public speaking, speech writing, delivery and other techniques. Classes will be led by author of the Public Speaking for Kids Activity Book Series and Communications Trainer for Kids. Supplies and Public Speaking Mega Activity Books will be provided.

Resident Fee: \$100; Non-Resident: \$110

Age 5-10	Virtual	101393-V1	Sa	Jan 11-Feb 1	1:00-2:00p
	Virtual	101393-V2	Sa	Feb 22-Mar 15	1:00-2:00p

Computer Coding by Create & Learn

Founded by Former Product Director at Google and Senior Tech Lead at Apple and Uber, Create & Learn offers amazing online coding classes for where you can learn to build games, stories, animation, and control robots through an interactive hands-on curriculum. All classes are virtual and require a laptop or desktop device with zoom, a Chrome browser, and high internet connectivity.

Minecraft Modding Quest: Units 1,2,3

Does your child enjoy playing Minecraft? With the Minecraft Education Edition, it includes additional features to teach kids coding and other STEM skills. Create, collaborate, and problem solve where the only limit is imagination.

Resident Fee: \$215; Non-Resident: \$225

Age 8-11	Virtual	101650-A1	W	Jan 1-Feb 12	8:30-9:25p
	Virtual	101650-A2	Th	Feb 6- Mar 20	7:00-7:55p
	Virtual	101650-A3	Sa	Feb 22-Apr 5	12:30-1:25p

Scratch Ninja 1 & 2

Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity.

Resident Fee: \$151; Non-Resident: \$161

Age 7-11	Virtual	101650-B1	Tu	Jan 7-Feb 18	8:30-9:25p
	Virtual	101650-B2	Sa	Jan 18-Mar 1	12:30-1:25p
	Virtual	101650-B3	W	Jan 29-Mar 12	5:30-6:25p
	Virtual	101650-B4	Su	Feb 16-Mar 30	2:00-2:55p
	Virtual	101650-B5	F	Feb 21-Apr 4	7:00-7:55p

Create with ChatGPT 1

Whoever can master AI tools such as ChatGPT will be in a more advantageous position to succeed. So, what is ChatGPT? To put it in the simplest form, ChatGPT is an AI product that you can converse with and ask an incredibly wide range of questions from how to cook pasta to solving calculus problems, and a whole lot more. It is so intelligent that it can pass Google Interviews, AP tests, and Bar exams just to name a few examples. With the right guidance, ChatGPT can be one of the best learning resources for students. It can also help them develop critical thinking, executive functions, and creativity. In this fun and informative course, students will start to learn how to use ChatGPT more effectively, understand its strengths and weaknesses, and develop important skills to master this very valuable tool.

Resident Fee: \$100; Non-Resident: \$110

Age 9-13	Virtual	101650-C1	Tu	Jan 14-Feb 11	5:30-6:25p
	Virtual	101650-C2	W	Feb 12-Mar 9	8:30-9:25p

Python for Artificial Intelligence 1, 2, & 3

Learn the core concepts of Python Syntax, loop, data types and variables, and explore more advanced programming elements such as Dictionaries, files, building games, stories with real world data projects. Advanced python coding and object-oriented programming with more complex games and applications will also be introduced.

Resident Fee: \$269; Non-Resident: \$279

Age 10-17	Virtual	101650-D1	Th	Jan 16-Feb 27	5:30-6:40p
	Virtual	101650-D2	Tu	Jan 21-Mar 4	7:00-8:10p
	Virtual	101650-D3	Sa	Feb 22-Apr 5	2:00-3:10p
	Virtual	101650-D4	Tu	Feb 25-Apr 8	8:30-9:40p

Beginner Roblox Coding 1,2,3

Does your kid love Roblox? With this coding class, your child will be able to create their own games for Roblox in no time. The coding approach is similar to Scratch but is tailored specifically for developing Roblox games. It is a lot more effective for younger students compared to using Lua. Your child will learn and practice advanced coding skills, apply their imaginations, and create!

Resident Fee: \$269; Non-Resident Fee: \$279

Age 8-13	Virtual	101650-E1	Th	Jan 16-Mar 6	7:00-8:15p
	Virtual	101650-E2	Sa	Feb 1-Mar 22	2:00-3:15p
	Virtual	101650-E3	Tu	Feb 18-April 8	5:30-6:45p

beyond the bell

2024-25 School Year
Program runs August 26-June 10

Monday-Friday, 3-6 p.m., at:
Henson and Smallwood (Indian Head)
Davis, Hanson, Mattawoman, and Stoddert (Waldorf)

Monday-Friday, 2-6 p.m., at:
Piccowaxen (Newburg), Somers (La Plata)

Registrant must attend school
where participating.

Registration Packet Required

Packets are available at the Charles County Recreation
Registration office, all Community Centers, and online.

Program does not meet on school
closing days. Program may not qualify for
child care tax deduction.

Fees are not prorated on short
weeks. Fees are
due the Friday before the
following week.

Beyond the Bell is an afterschool club for middle school aged teens looking for a safe environment to do homework, make new friends, enjoy various STEM projects while engaging in fun physical activity. Our dependable staff will encourage participants to be creative and innovative thinkers.



Open to Grades 6-8 • 540023 • Weekly Fee: \$60 • Daily Drop-In Fee: \$15

One-time registration fee of \$25 per school year • Call for Details: 301-932-3470

Learn more at: CharlesCountyParks.com/Recreation/Beyond-The-Bell

SCHOOL'S OUT DAYS!

Students on the Go

School's out...let the fun begin. Students on the Go is a tailor-made field trip program for students looking for a little adventure on scheduled school closures. Program offers students the opportunity to explore local attractions and historical sites in a safe, fun, and engaging way. Trip locations are tentative and subject to change. Pre-registration is required, and space is limited.

Field Trip Locations:

- December - Ice! Winter Wonderland at Gaylord Hotel
- January - Children's Science Center
- February 17 - Natural History Museum

Resident Fee: \$60; Non-Resident Fee: \$65

Age 6-10	Wade	401160-W3	M	Dec 23	8:00a-4:00p
	Wade	101160-WA	M	Jan 27	8:00a-4:00p
	Wade	101160-W1	M	Feb 17	8:00a-4:00p

School's Out at Elite - Winter Break Camp

Elite Gymnastics and Recreation Center offers a full day drop-in program when the kids are off from school. Daily activities include gymnastics instruction, arts and crafts, organized games, and other special projects. Campers must bring a bag lunch, drink and snack daily. Pre-registration is required, and space is limited.

Resident Fee: \$40; Non-Resident Fee: \$45

Age 5-14	Elite	406000-EL	M	Dec 23	8:00a-4:00p
	Elite <td>406000-EL <td>Th <td>Dec 26 <td>8:00a-4:00p </td></td></td></td>	406000-EL <td>Th <td>Dec 26 <td>8:00a-4:00p </td></td></td>	Th <td>Dec 26 <td>8:00a-4:00p </td></td>	Dec 26 <td>8:00a-4:00p </td>	8:00a-4:00p
	Elite <td>406000-EL <td>F <td>Dec 27 <td>8:00a-4:00p </td></td></td></td>	406000-EL <td>F <td>Dec 27 <td>8:00a-4:00p </td></td></td>	F <td>Dec 27 <td>8:00a-4:00p </td></td>	Dec 27 <td>8:00a-4:00p </td>	8:00a-4:00p
	Elite <td>406000-EL <td>M <td>Dec 30 <td>8:00a-4:00p </td></td></td></td>	406000-EL <td>M <td>Dec 30 <td>8:00a-4:00p </td></td></td>	M <td>Dec 30 <td>8:00a-4:00p </td></td>	Dec 30 <td>8:00a-4:00p </td>	8:00a-4:00p



THERAPEUTIC PROGRAMS – Pre-Registration Required

Therapeutic Recreation

RecPASS **CALM COVE SENSORY SPACE**

Come entertain all your senses including touch, sight, taste, sound, and smell in a controlled and intentionally created space. The Calm Cove provides multi-sensory resources to support sensory needs to enable participants to engage in fun and engaging activities. The space can be calming or stimulating depending on the needs of those present and will be available for reservations upon request as well. Come visit and satisfy your sensory needs with us!

Resident Drop-In Fee: \$8; Non-Resident: \$10

All Ages	Elite	M-F	Ongoing	10:00a-3:00p
	Elite	M-F	Ongoing	5:00-7:00p
	Elite	Sa	Ongoing	9:00a-Noon



Community Café

We are excited to introduce an opportunity for increased involvement and inclusion of teens and young adults with disabilities within the community. Through the Community Café's "For All" initiative, we aim to enhance integration within our local community. These monthly gatherings enable participants to interact in small groups with peers, supported by division staff, fostering socialization, and enhancing their overall well-being. Socializing with peers and enjoying community resources offer numerous benefits.

FREE!

Age 16+	Honey Bun Factory	412024-12	F	Dec 13	6:00-8:00p
	Panera Waldorf	112024-01	F	Jan 10	6:00-8:00p
	AMF Bowling Waldorf	112024-02	F	Feb 14	6:00-8:00p

Winter Sneaker Ball

It's getting coooooold out there! But not cool as your new sneakers! Step in with style but be sure to wear your favorite or most fancy pair of sneakers. Because we celebrate inclusivity, if you don't have fancy sneakers feel free to wear any pair of your favorite shoes, heels, boots, etc. Santa will be there with his snow boots! We look forward to seeing everyone stride in with all their "sole" and swag!



Resident Fee: \$10; Non-Resident: \$15

All Ages	Elite	412019-EL	F	Dec 21	6:30-8:30p
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Rhythm and Party Drum Fitness

Looking for a fitness and health class that not only does exercises, but also provides a place to socialize and party like a rock star? This class is for you! Drum out your dreams and get fit at the same time for this new and inclusive class. We look forward to partying with you! No class January 20 and February 17.

Resident Fee: \$50; Non-Resident: \$55

All Ages	Waldorf Sen & Rec	512021-01	M	Jan 6-Mar 10	4:00-4:45p
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Inclusive Gymnastics

People with disabilities learn basic gymnastics skills on men's and women's gymnastics events to enhance balance, movement, and coordination in a social and inclusive atmosphere!

Resident Fee: \$135; Non-Resident: \$145

All Ages	Elite	112002-EL	Th	Jan 8-Feb 26	4:00-4:45p
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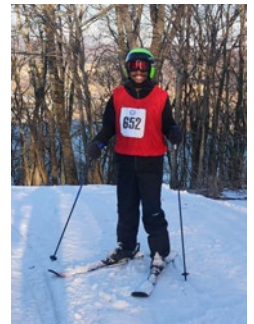


For more details on the programs listed below, please contact Special Olympics Charles County at SpecialOlympicsCharlesCounty@gmail.com. For information on Special Olympics Charles County, see page 31.

Skiing/Snowshoeing

Alpine skiing and snowshoeing, Athletes and Unified Partners. No drop-in December 26.

Age 8+	Skiing	Waldorf Sen & Rec	513011-SO		
	Th	Dec 5-Feb 27	6:00-7:00p		
	Snowshoe	Waldorf Sen & Rec	513012-SO		
	Th	Dec 5-Feb 27	6:00-7:00p		



Basketball Skills

This activity is for those athletes who are new to the exciting sport of basketball and have an interest in learning the basics. No drop-in January 20 and February 17

Age 8+	Waldorf Sen & Rec	513030-SO	M	Jan 6-Apr 7	6:00-7:00p
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Team Basketball

Athletes who have emerging skills and are interested in team play. No drop-in January 20 and February 17.

Age 8+	Waldorf Sen & Rec	513031-SO	M	Jan 6-Apr 7	6:00-7:00p
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Charles County GOOD S.P.O.R.T.S.

The Department of Recreation, Parks and Tourism's Sports Office introduces the "Good S.P.O.R.T.S Charles County" initiative. Our Good S.P.O.R.T.S value system, symbolized by the acronym SPORTS, will serve as the foundation to maintain a high standard of good sportsmanship allowing residents to enjoy their experience while playing, observing, or coaching in Charles County.

**Sportsmanship • Positive Attitude • Obey the Rules
Respect • Teamwork • Strive For Success**



Drop-In Basketball

RecPASS Adult & Youth Basketball Drop-In

Enjoy open-gym style sports or semi-organized games. Participation is on a first come first serve basis. Number of participants may differ per location. Check our website for a listing of dates and times for youth and adult drop-in sports locations in your area. Dates and times are subject to change. Contact the facility for a current schedule. For up-to-date schedules, visit www.CharlesCountyParks.com.

Drop-In Fee: Adult \$5 • Youth, Teen, and Senior: \$3 • 10 Visit Punch Card: \$40

RecPASS Parent & Me Basketball Drop-In

Play basketball, whether it's free throw or a semi-organized game with your little one. Parent participation required. Two children per adult max. Dates and times are subject to change Contact the facility for a current schedule.

Youth/Teen Drop-In Fee: \$3

Adult Basketball

Adult Basketball

Take advantage of this opportunity to meet people and play basketball in a fun, organized atmosphere. Program emphasizes total participation and fun.

Resident Fee: \$40; Non-Resident: \$45; Drop-In Fee: \$5

Age 30+	Somers	101051-S0
Tu	Jan 7-Feb 25	7:00-9:00p

30+ Basketball League

Eight game regular season. Games are played on Thursday nights. Individual, small group, and team registration Teams may have two players age 25+. No games held on April 17.

Team Fee: \$750

Individual/Small Group (Up to 3) Registration Fee: \$90/each

League Day: Thursdays
Location: Stoddert

Winter League
Registration Deadline: Jan 5
Games Begin: Mid-Feb
30+ 404210-ZZ



Adult Basketball League

Games are played each Sunday at one of the various county schools. Players must not be eligible to participate at the high school level. 50+ League may have up to two player's age 45+.

Team Fee: \$750

Individual/Small Group (Up to 3) Registration Fee: \$90/each

Winter League

Registration Deadline: Jan 15

Games Begin: Mid-Feb

Men A 104205-AL

Men B 104205-BL

Men C 104205-CL

Men 50+ 104205-DL

Women 104205-WL

Youth Basketball

Basics of Basketball

This is not a league. Non-competitive program designed to develop skills and promote fun while participating in loosely organized games. Players go through multiple skill building stations and play round-robin style games.

Resident Fee: \$40; Non-Resident: \$45

Age 5-6	Waldorf Sen & Rec	404006-WR2	M	Dec 2-16	5:00-5:50p
Age 7-8	Waldorf Sen & Rec	404007-WR2	M	Dec 2-16	6:00-6:50p

Resident Fee: \$50; Non-Resident: \$55

Age 5-6	Waldorf Sen & Rec	104006-WR	Tu	Jan 7-28	5:00-5:50p
	Waldorf Sen & Rec	104006-WR1	Tu	Feb 4-25	5:00-5:50p
Age 7-8	Waldorf Sen & Rec	104007-WR	Tu	Jan 7-28	6:00-6:50p
	Waldorf Sen & Rec	104007-WR1	Tu	Feb 4-25	6:00-6:50p



2025 NATIONAL FREE THROW CONTEST

The 2025 National Free Throw Contest is FREE and open to the public. Awards will be presented to all age group winners. Winner moves up to District Level, then Regional, and State Finals. State winner advances to National Finals where the winner will have their name enshrined in the James Naismith Memorial Basketball Hall of Fame.

Must bring proof of age day of event (copy of birth certificate, passport, or baptismal certificate). Winners must submit a copy of proof the week following the competition. Age group eligibility is determined by child's age as of April 1, 2025, not necessarily their current age.

Friday, Jan 10 • Davis Community Center
Registration: 6:00p • Competition: 6:30p

Registration Codes	Age 8-9 Girls 104034-01	Age 8-9 Boys 104035-01
	Age 10-11 Girls . . . 104034-02	Age 10-11 Boys 104035-02
	Age 12-13 Girls . . . 104034-03	Age 12-13 Boys 104035-03

Sponsored by Waldorf BPO Elks Lodge No. 2421 and the Charles County Department of Recreation, Parks & Tourism

Basketball Skills Academy

This clinic focuses on the basic fundamentals and skills of basketball. Skills and drills will be taught during half court and full court segments on both offense and defense. Each hour session will be broken down into basketball fundamentals, individual and team shooting, and half and full court pressure defense. The main focus is to teach and stress the fundamentals that are important to becoming a better basketball player.

Beginners

For players new to the sport or with less than two years of organized playing experience. Learn basic game rules and skills from experienced coaches to be better prepared.

Intermediate/Advanced

For players that have played more than two years of organized basketball and are considered to be advanced. Learn advanced skills from experienced coaches. Note: Instructor will have the authority to move participants to the class that better fits their skill level.

Resident Fee: \$45; Non-Resident: \$50

Age 9+	Beg	Waldorf Sen & Rec	404225-WR3	M	Dec 2-16	7:00-7:55p
	Int/Adv	Waldorf Sen & Rec	404226-WR	M	Dec 2-16	8:00-8:55p

Resident Fee: \$60; Non-Resident: \$65

Age 9+	Beg	Waldorf Sen & Rec	104225-WR	Tu	Jan 7-28	7:00-7:55p
	Beg	Waldorf Sen & Rec	104225-WR1	Tu	Feb 4-25	7:00-7:55p
Age 9+	Int/Adv	Waldorf Sen & Rec	104226-WR	Tu	Jan 7-28	8:00-8:55p
	Int/Adv	Waldorf Sen & Rec	104226-WR1	Tu	Feb 4-25	8:00-8:55p

RecPASS Futsal

Come out and enjoy open styled, indoor soccer and semi-organized games. Pre-registration is not required, just show up and play! Dates and times are subject to change. Please contact the center directly for schedule changes.

Adult Drop-In Fee: \$5; Senior Drop-In Fee: \$3

Age 18+ Henson M Ongoing 8:00-9:15p

Kickball

Adult Kickball League

Regular season will be round-robin format with teams will playing double-headers. A minimum of 12 players and maximum of 20 players is permitted per team. Players must be 18+ and not eligible to participate on the High School level. Interested individual players can register as a free agent.

Team Fee: \$625

Individual/Small Group (Up to 3) Registration Fee: \$75/each

Spring League

Registration: Feb 10-Mar 8

Games Begin: Early Apr

Co-Rec	W	Team	215900-D1
		Ind/Small Group	215900-01
Women's	F	Team	215900-D2
		Ind/Small Group	215900-02



Lil Athletes Academy

Join us this winter for a new and exciting way to spend time with your child while introducing them to the wide world of sports. Our Lil Athletes Academy is designed to promote family & fun while introducing your child to a variety of sports and new friends in a safe environment. Our instructors have created a curriculum plan to keep everyone having a great time learning together. All playing equipment will be provided. Each six-week session meets once a week (6 classes). Adult participation is required.

Resident Fee: \$40; Non-Resident: \$45

Age 3-5	Mattawoman	104027-MA	W	Jan 8-Feb 12	6:30-7:15p
	Billingsley	104027-BI	Sa	Jan 11-Feb 15	11:00-11:45a
	Smallwood	104027-SM	Tu	Jan 21-Feb 25	6:00-6:45p
	Hanson	104027-HA	F	Jan 24-Feb 28	5:00-5:45p



RecPASS

Pickleball

Pickleball is a fun sport that combines elements of tennis, badminton, and table tennis. The rules are simple, and the game is easy for beginners to learn, but it can develop into a fast-paced, competitive game for experienced players. Learn to play this fun and exciting game and then put your skills to the test in friendly games. All necessary equipment is provided. Dates and times subject to change. Pickleball is available at Piccowaxen Community Center, Port Tobacco Recreation Center, and Waldorf Senior & Recreational Center. Contact the facility directly for schedule changes. For up-to-date schedules, visit www.CharlesCountyParks.com.

Adult Drop-In Fee: \$5; Youth/Teen/Senior Drop-In Fee: \$3; 10 Visit Punch Card: \$40

RecPASS

Racquetball

Court usage is limited to one hour. Players must bring own equipment, towel, and water bottle. Can practice racquetball or pickleball. Contact the facility directly for the current schedule.

Adult Drop-In Fee: \$5; Senior Drop-In Fee: \$3; 10 Visit Punch Card: \$40

Age 18+	Waldorf Sen & Rec	M-F	Ongoing 4:00-9:00p
	Waldorf Sen & Rec	Sa	Ongoing 9:00a-4:00p

Adult Soccer

Adult Soccer League

Round-robin play format. Team registration for Women 18+ 7v7, Men's 35+ 11 v 11 & Men's 18+ 11v11. Individual & Small Group player registration available. Players must not be eligible to participate on the high school level.

Team Fee: \$550-\$600

Individual/Small Group (Up to 3) Registration Fee: \$80/each

Spring League

Registration: Feb 10-Mar 8

Games Begin: Early Apr

18+ Women 7v7	Su	Team	215800-SL
		Ind/Small Group	215800-S1
18+ Men 11v11	M	Team	215810-SL
		Ind/Small Group	215810-S1
35+ Men 11v11	W	Team	215820-SL
		Ind/Small Group	215820-S1

Youth Soccer

Southern Maryland Youth Soccer League

The Southern Maryland Youth Soccer League is first and foremost a recreational sports program. Its purpose is to provide an opportunity for youth to participate in soccer within designated age divisions. League play will be a round-robin schedule consisting of 8-10 games. For more information on available leagues visit www.CharlesCountyParks.com.

Spring Registration: Jan-Mar

Games Begin: Early Apr

Ages: U6, U8, U10, U12, U15, U19

Southern Maryland Youth Pee Wee Soccer League

This non-competitive program is designed to develop skills and promote fun in a "Good S.P.O.R.T.S." atmosphere while participating in loosely organized games. Two One-hour practice are held weekly. Games are held on Saturdays beginning April 15. Practices start March 17. Season runs through June 8. Age as of December 31, 2024.

Registration Fee: \$70 • Save \$15 if registered by February 5

Registration Deadline: February 19

Regions

NO – North (Waldorf, Bryantown, White Plains)

SW – South/West (La Plata, Piccowaxen, Bryans Road, Nanjemoy)

Age 3-5 Co-Ed 204125 + Region Code

Southern Maryland Youth Outdoor Soccer League

Have fun playing while learning the fundamentals of soccer in a "Good S.P.O.R.T.S." atmosphere, bringing together families and aspiring players weekly to learn and practice the fundamentals of the game. Practices are scheduled to begin mid-march. Games are held weekly beginning April 15. Season runs through June 8. Coaches will contact players regarding practice schedules. All teams will participate in a postseason tournament. Age as of December 31, 2024. 18-year-olds must be eligible to play at high school level.

Registration Fee: \$80 • Save \$15 if registered by February 5

Registration Deadline: February 19

Regions

NO – North (Waldorf, Bryantown, White Plains)

SW – South/West (La Plata, Piccowaxen, Bryans Road, Nanjemoy)

U8 Boys	204130 + Region Code	U8 Girls	204131 + Region Code
U10 Boys	204140 + Region Code	U10 Girls	204141 + Region Code
U12 Boys	204150 + Region Code	U12 Girls	204151 + Region Code
U15 Boys	204160 + Region Code	U15 Girls	204161 + Region Code
U19 Co-Ed	204165 + Region Code		



SPORTS – Pre-Registration Required

Softball

Adult Softball League

Round-robin play regular season with teams playing doubleheaders. Teams must have a minimum of 15 players and no more than 20 players. Individual & Small Group player registration available. Players must be 18+ and not eligible to participate on the high school level.

Team Fee: \$775

Individual/Small Group (Up to 3) Registration Fee: \$75/each

Spring League

Registration: Feb 10-Mar 8

Games Begin: Early Apr

18+ Men's Pac South	M	Team	215031-S0
		Ind/Small Group	215031-S1
18+ Co-Rec North	F	Team	215032-N0
		Ind/Small Group	215032-N1
18+ Co-Rec West	Su	Team	215033-W5
		Ind/Small Group	215033-W1



Early Bird Softball Tournament

In partnership with ASA Softball, the Department of Recreation, Parks, and Tourism is hosting its annual Men's Class E Softball Tournament on April 4-5 at Laurel Springs Regional Park. 4 game guarantee. 20 team max. Player's must be 18+. First and second place awards. Covers balls, umpire fees and tournament awards.

Team Fee: \$300

Registration Deadline: Mar 21

Tournament Dates: Apr 4-5

Location: Laurel Springs Regional Park

RecPASS Table Tennis

Come out and enjoy open-style table tennis and semi-organized games. Pre-registration is not required, just show up and play! Dates and times are subject to change. Please contact the center directly for schedule changes. No drop-in December 24, 26, and 31.

Adult Drop-In Fee: \$5; Senior Drop-In Fee: \$3; 10 Visit Punch Card: \$40

Age 18+ Stoddert Tu/Th Ongoing 7:00-9:00p

Adult Volleyball

RecPASS Adult Volleyball Drop-In

Open styled volleyball with semi-organized games. Pre-registration is not required, just show up and play! Dates and times are subject to change. Please contact the facility directly for schedule changes. No drop-in December 24 and 31.

Adult Drop-In Fee: \$5; Senior Drop-In Fee: \$3; 10 Visit Punch Card: \$40

Age 18+ Port Tobacco Tu Ongoing 8:30-9:45p

Adult Co-Ed Volleyball League

League is open to High B/BB & BB/A playing levels. Teams must have at least 8 players. League must have a minimum of 4 teams to run. Participants will meet one night prior to the start of games play and create teams. Jerseys will be provided. Eight-Week season. Players must not be eligible to participate at the high school level. Individual/Small Group registration only. Teams must have a minimum of 3 male & 3 female players. Ten-match season (30 games) & playoffs. Players must not be eligible to participate at the high school level.

Team Fee: \$375; Individual/Small Group (Up to 3) Fee: \$50/ea

Winter League

Registration Deadline: Jan 1

League Meetup: Jan 13

Age 18+	Competitive B/BB	104200-CB
	Competitive BB/A	104200-CA

Spring League

Registration Deadline: Feb 27

League Meetup: Mar 17

Competitive B/BB	204200-CB
Competitive BB/A	204200-CA

Youth Volleyball

Youth Co-Ed Volleyball League

Have fun playing volleyball in our league designed to introduce players to the game of volleyball while developing skills and promoting a fun learning environment in a "Good S.P.O.R.T.S." atmosphere. Two practices will be held during the week. Games are played on Saturdays. Practice begin March 18. Season runs through May 20. All leagues will be countywide. Players will receive a volleyball jersey to be worn during games. Practice and games will not be held during spring break (April 14-21).

Registration Fee: \$95 • Save \$15 if registered by February 5

Registration Deadline: February 19

Girls

North Region	Grade 5 & 6	204015-N0	M/W/Sa
	Grade 7 & 8	204016-N0	M/W/Sa
	Grade 9-12	204019-N0	M/W/Sa
South Region	Grade 5 & 6	204015-S0	Tu/F/Sa
	Grade 7 & 8	204016-S0	Tu/F/Sa
	Grade 9-12	204019-S0	Tu/F/Sa

Boys

North Region	Grade 5 & 6	204017-N0	M/W/Sa
	Grade 7 & 8	204018-N0	M/W/Sa
	Grade 9-12	204020-N0	M/W/Sa
South Region	Grade 5 & 6	204017-S0	Tu/F/Sa
	Grade 7 & 8	204018-S0	Tu/F/Sa
	Grade 9-12	204020-S0	Tu/F/Sa



FUN Happens Here!

Let's keep in touch!

The Department of Recreation, Parks, and Tourism is connected to you online, including popular social media outlets. Connect with us by liking and following our feeds.



www.CharlesCountyParks.com



[www.Facebook.com/CharlesCountyParksRecreation](https://www.facebook.com/CharlesCountyParksRecreation)



[@CharlesCountyParksRec](https://www.instagram.com/CharlesCountyParksRec)



**IN SEARCH OF...
Youth Sports Leagues
Volunteer Coaches**

If you are interested in volunteering, please visit our website and submit a coach's application via our online form:

www.CharlesCountyParks.com/Recreation/Sports/Volunteer-Coaches/

Receive a 75% discount when you volunteer and are selected to be a head coach. If selected, you will receive the registration refund after the first week of games. All coaches must submit a coach's application, pass a background check, and complete their sport specific online coaches training through the National Alliance for Youth Sports (N.A.Y.S).

Concussion and Sudden Cardiac Arrest:

In accordance with Sections 7-433 and 7-436 of the Education Article and Section 14-501 of the Health-General Article, Annotated Code of Maryland, a youth sports program that uses a public school facility shall provide to the Department of Recreation, Parks, and Tourism an acknowledgment form for all of its athletic activities to comply with requirements under the law concerning concussions, head injuries, and sudden cardiac arrests of participants. Signing the form confirms that you are aware of and have been provided with additional facts and guidelines on Concussion and Sudden Cardiac Arrest for youth sports from the Centers for Disease Control and Prevention. All youth utilizing or participating in classes, events, programs, or leagues that meet the criteria will be required to have a signed form on file with the either Charles County Recreation, Parks and Tourism or with the activities sponsoring agency. For Charles County Recreation, Parks & Tourism programs, this information will be obtained during the registration process.

Read the full guidelines at:

www.CharlesCountyParks.com/about-us/concussion-and-sudden-cardiac-arrest



CAPITAL CLUBHOUSE

Recreation Center



Southern Maryland's ultimate recreational and sports complex, the Capital Clubhouse, is a 90,000 square foot, year-round sports center for all ages.

- On-ice offerings: public skating, hockey programs, figure skating, birthday parties, and more!
- Court offerings: volleyball, basketball, pickleball, birthday parties, and more!

Facility details, program and league information, schedules, and more:

www.CapitalClubhouse.com

301-932-4348 • 3033 Waldorf Market Pl, Waldorf, MD 20603





WHITE PLAINS GOLF COURSE

is a public course with the playing conditions of a private club. From the challenging and fair layouts, to the lush Bermuda grass fairways and manicured greens... a truly fine golf experience.

April-October: Mon-Sun, 7:30 a.m.-5:30 p.m.

November-March: Mon-Sun, 8 a.m.-Dusk

Tee times are required and available by calling 301-645-1300.



Par 70 – 18 Hole Course and
Putting Green-Range

Annual Memberships and Discount Plans

Professionally Staffed Pro Shop

USGA Certified Handicaps and
Golf Classes

Professionally Staffed Pro Shop

Weekday Specials for Twilight Play

Outings and Tournament Play

Snack Bar and Grill

AQUATICS — Pre-Registration Required

LEARN TO SWIM

Sessions consist of eight, 30-minute classes with one day focusing on basic water safety skills. Children should be able to perform all skills of the previous level before moving on to a higher level. Instructors may move children to a different level class if the child is unable to participate in the skill level of the registered class. Please contact the Aquatics Supervisor if health conditions warrant additional accommodation for participation.

Resident Fee: \$85; Non-Resident Fee: \$100

Session 1 • Tu/Th • Jan 7-30

Lackey

Preschool 1.....108601-1A.....6:00p
 Preschool 2.....108602-1A.....6:45p
 Preschool 3.....108603-1A.....7:30p



Infant/Toddler – Requirements: Ages 6-36 months, Parent/guardian accompanies child in water. Skills: This course is designed to teach the parents the skills and techniques to encourage and develop a comfort level for young children in and around the water. Classes will include guided instructional teaching, as well as individual parent and child water exploration.

Preschool 1 – Requirements: Ages 3-5 years old. Skills: Designed to teach water safety and introduction to basic swimming skills. This includes submerging, floating, kicking, bobbing, using their arms on both the stomach and back.

Preschool 2 – Requirements: Ages 3-5 years old. Must have successfully completed the skills for Preschool 1. Must be able to fully submerge their heads and are comfortable with the water. Skills: This course works on floating and introduces combined stroke (arms/legs) on both the stomach and back.

Preschool 3 – Requirements: Ages 3-5 years old. Must have successfully completed Preschool 2 skills. Must be comfortable with underwater swimming, able to float unsupported, and swim by themselves for 10 yards on both their stomach and back. Skills: This course will continue with combined stroke on stomach and back, introduction of elementary back stroke, and deep-water skills.

Level 1 – Requirements: Ages 6-12. Skills: Designed for non-swimmers. Intro to water safety and basic swimming skills. Includes submerging, floating, kicking, bobbing, and alternate arm action.

Level 2 – Requirements: Must have successfully completed Level 1 skills. Must be able to fully submerge their head and be comfortable with water. Skills: Course works on floating and introduces combined stroke (arms/legs) on both the stomach and back.

Level 3 – Requirements: Must have successfully completed the skills for Level 2 or Preschool 3. Must be comfortable with underwater swimming, able to float, and swim 15 yards on stomach and back. Skills: Class builds on acquired combined stroke on stomach and back. Adds deep water skills, elementary backstroke, and beginning diving skills.

Level 4 – Requirements: Must have successfully completed Level 3 skills. Must be able to swim 25 yards (one length of pool) of front crawl and back crawl. Skills: Refine technique of previous skills. Front and back crawl, elementary backstroke, breaststroke, and side-stroke are emphasized. Also improve diving from a standing position.

Teen/Adult – Designed for age 13+. All swimming levels are welcome. Classes are designed to help achieve a personal swimming goals whether it be learning to swim or perfecting stroke form, or anything inbetween. Teen/Adult Classes will last one hour instead of thirty minutes."

Aquatic Fitness

AQUA CIRCUIT

Program consists of six 45-minute aqua-fitness classes utilizing a wide variety of aqua fitness equipment. Classes will take place in both deep and shallow water, but participants are not required to be able to swim in order to participate.

Resident Fee: \$110; Non-Resident: \$120

Age 16+	North Point Pool	508100-01	Sa	Nov 23-Dec 28	Noon-12:45p
	North Point Pool	508100-02	Sa	Jan 4-Feb 8	Noon-12:45p



Adult Fitness



Waldorf Senior & Recreational Center Fitness Equipment Room

Usage is limited to 1 hour (incl. 30-min. limit on cardio equipment when other participants are waiting). Must provide your own towel and water bottle and must disinfect equipment prior to and after use. Max. 7 participants in fitness equipment room. Contact the facility directly for the current schedule.

Adult Drop-In Fee: \$5 • Senior Drop-In Fee: \$3 • 10 Visit Punch Card: \$40

Age 18+	Waldorf Sen & Rec	M-F	Ongoing 4:00-9:00p
	Waldorf Sen & Rec	Sa	Ongoing 9:00a-4:00p

Zumba

Zumba is a high-energy Latin international dance workout set to upbeat music. You don't need to be a great dancer to feel welcome in a Zumba class. With the tag line, "Ditch the Workout, Join the Party," the classes emphasize moving to the music and having a good time, no rhythm required. Mini session meets once a week for four consecutive weeks. Full session meets once a week for six consecutive weeks. No class January 20 or February 17

Resident Fee: \$40; Non-Resident: \$45; Walk-In Fee: \$8/visit

Age 18+	Port Tobacco	101154-PT	Tu	Jan 7-Feb 11	5:30-6:15p
	Somers	101154-SO	Sa	Jan 11-Feb 15	9:30-10:15a
	Port Tobacco	101154-P1	Tu	Feb 25-Apr 1	5:30-6:15p

Zumba with Tammy

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12/visit

Age 18+	Waldorf Sen & Rec	101154-WR	M	Jan 6-Feb 24	6:00-6:45p
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Strong Nation

Stop counting the reps! Start training to the beat. STRONG Nation combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Bring a water bottle. Mini session meets once a week for four consecutive weeks. Full session meets once a week for six consecutive weeks. No class January 20 and February 17.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12/visit

Age 18+	Waldorf Sen & Rec	101103-WR	M	Jan 6-Feb 24	7:05-7:45p
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RyhDem Fitness

Come venture into this high-energy, form-focused, full-body workout. Inspired by the beats of the Caribbean and a blend of diverse music, from Salsa to Pop, Hip Hop, and R&B. Whether the experience is to transform your body or to enjoy the music and dance, RhyDem Fitness will always leave you wanting more. Come join us, as we bring Caribbean Flavor to your mind, body, and soul.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12

Age 18+	Waldorf Sen & Rec	101042-WR	Sa	Jan 11-Feb 15	9:15-10:15a
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Rebound Fitness

Do it with your boots on, your rebounding boots that is! Rebounding is a new fitness trend that utilizes rebounding boots to create a fun and engaging fitness experience. Burn 25% more calories than regular cardio while toning those glutes, hips, thighs, and abs. Rebounding boot have built in impact protection to reduce the joint stress and impact up to 80%. Rebounding boots are provided. Class meets once a week for six weeks.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12

Age 18+	Elite	101048-EL	Sa	Jan 11-Feb 15	10:15-11:00a
	Henson	101048-HE	W	Jan 15-Feb 19	6:15-7:00p

Zen Well Fitness

Zen Well Fitness is an inclusive, one-stop health and wellness haven dedicated to providing the essential tools necessary to promote healing of the mind, body, and soul. Through our ENLIVEN Method we seek to enhance holistic wellbeing and self-care management through physical and creative movement, mindfulness, and clinical education. All classes are held at Elite Gymnastics Recreation Center. Class meets once a week for 6 consecutive weeks.

Stretching & Toning

Join our Stretch & Tone class to increase flexibility and sculpt your body. Suitable for all fitness levels, it's a great way to feel revitalized and confident in your body.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12

Age 18+	Elite	401405-E2	Sa	Dec 14-Jan 18	11:00-11:45a
	Elite	101405-EL	Sa	Feb 1-Mar 8	11:00-11:45a

Intermediate Yoga Mini Session

Elevate your practice with this dynamic Vinyasa class designed for intermediate yogis. Through a series of creative sequences, students will build heat, increase flexibility, and enhance core strength. Expect to explore challenging postures while maintaining a mindful connection to breath and body. Mini session meets once a week for four weeks.



Resident Fee: \$40; Non-Resident: \$45; Walk-In Fee: \$12

Age 18+	Elite	401157-E1	M	Dec 23-Jan 13	6:00-6:45p
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Mini Mover Stretch Club

Join us for a stretchy adventure that promotes active and healthy lifestyles for your little ones! Your child will explore the joy of movement through gentle stretches and playful activities.

Resident Fee: \$40; Non-Resident: \$45

Age 2-5	Elite	101410-EL	Th	Jan 9-Feb 13	6:00-6:45p
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Yoga for Beginners

Discover the basics of yoga in our beginner-friendly class. Learn relaxation, flexibility, and mindfulness techniques to reduce stress and improve well-being. No class February 17.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12

Age 18+	Somers	101401-SO	M	Jan 27-Mar 10	6:00-6:45p
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Youth Fitness

Challenge 2 B Fit

Challenge kids to put away their games, get up from the computer and experience fitness fun! The instructor utilizes music during fun activities to improve cardiovascular, muscular strength, flexibility, overall stamina, speed, and agility.

Resident Fee: \$15; Non-Resident: \$20

Age 5-14	Stoddert	101161-ST	W	Jan 8-29	6:30-7:15p
	Stoddert	101161-S1	W	Feb 19-Mar 12	6:30-7:15p

DANCE!

Pre-Registration Required

Hand Dance

Hand Dance is one of the most popular partner dances in the DMV area. Class will teach the skills and techniques of old school hand dance, as well as contemporary hand dance with swing concepts. Class focuses on beginner and intermediate skills; however, all skill levels are welcomed. No partner required. Leather bottom shoes strongly recommended. Preregistration required and space is limited.

Resident Fee: \$60; Non-Resident: \$65; Walk-In Fee: \$12

Age 18+	Waldorf Sen & Rec Elite	101021-WR 101021-EL	Th Th	Jan 9-Feb 13 Feb 27-Apr 3	6:30-7:45p 6:30-7:45p
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It's a Line Dance Thang

Want to learn the latest line dance? How about a classic like the Electric Slide? Encourage a group of friends or come solo for a great time with other dance enthusiasts. Open to all levels from beginner to intermediate. No class November 23.

Resident Fee: \$40; Non-Resident: \$45; Walk-In Fee: \$8

Age 18+	Henson	101029-HE	Sa	Jan 11-Feb 15	11:00a-Noon
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Baby Ballerina

Baby Ballerina class is an introduction class to ballet for our younger dancers from ages 2-4. This class is a parent and me class. It is a great class for parents to engage with their child. Students will learn the fundamentals of ballet and creative movements while having fun. Parent participation required.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 2-4	Waldorf Sen & Rec	101024-WR	Tu	Jan 14-Feb 18	4:15-4:55p
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Ballet & Tap

Learn basic ballet and tap skills while learning the proper techniques and building strength. Classes will cover basic moves and work on choreography. All skill levels welcome. Participants must bring a water bottle. Parental presence is required. Classes meet once a week for six or eight weeks depending on the location.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 3-5	Waldorf Sen & Rec	101023-WR	Tu	Jan 14-Feb 18	5:00-5:40p
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Dance Combination

Join us for our dance class filled with movements from Ballet and Jazz! Learn the basics of ballet and jazz while learning the proper techniques and building strength. Classes will cover basic moves and work on choreography. All skill levels welcome. Classes meet once a week for six or eight weeks depending on the location.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 5-8	Waldorf Sen & Rec	101022-WR	Tu	Jan 14-Feb 18	5:55-6:40p
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Hip Hop

Come join us for Hip Hop! This fun class will teach basic dance skills and work on choreography while learning proper techniques. All skill levels are welcome. Participants must bring water bottle. Classes meet once a week for 6 or 8 weeks depending on the location.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 6-8	Waldorf Sen & Rec	101020-WR	Tu	Jan 14-Feb 18	6:45-7:15p
Age 8-13	Mattawoman	101020-MA	Th	Jan 16-Feb 20	7:00-7:45p

Belly Dance & Hip Hop

Learn the traditional oriental belly dance style combined with urban hip hop movement. This class is a great workout to get your body moving while working on body isolation and coordination.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 13+	Waldorf Sen & Rec	101026-WR	Tu	Jan 14-Feb 18	7:20-8:10p
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Jazz and Hip Hop

Join us for our dance class filled with movements from jazz and hip-hop! Learn jazz dance which is an upbeat dance style which combines African and European dance styles. Students will also learn the latest dance styles to hip-hop. Classes will cover basic moves and work on choreography. All skill levels are welcome. Classes meet once a week for 6 or 8 weeks depending on the location.

Resident Fee: \$60; Non-Resident Fee: \$65; Walk-In Fee: \$12/visit

Age 5-8	Mattawoman	101	Th	Jan 16-Feb 20	6:00-6:45p
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Questions? Call 301-934-6747

2745 Old Washington Rd. • Waldorf, MD 20601



ELITE GYMNASTICS & RECREATION CENTER

Pre-Registration Required

Recreational Gymnastics: Program teaches achievable goals, frequent success, and tangible rewards. Our curriculum uses a beginner to advanced level system to track achievements, in addition to complementary classes to improve strength, conditioning, and form. Skills are broken into achievable steps. Elite nurtures an environment where children have an opportunity to be successful, while developing strength, coordination, and other skills that transfer to other sports and activities. Sessions consist of eight classes. Placement depends on age and skill level.

For safety reasons, all class sizes are limited to a maximum number of participants. Classes may be canceled due to low enrollment. Instructors may move children to a different level class if the child is unable to participate in the skill level of the registered class.

Competitive Teams: Elite Gymnastics offers the opportunity for gymnasts to take their experience and talent to a competitive level. The Elite Women's Gymnastics Team, USAG competitive levels 3-10, compete within the USA Gymnastics Junior Olympics Program. Teams travel throughout the United States to compete. Our experienced and knowledgeable coaches provide the highest level of training and are dedicated to the development and success of each athlete. Competitive season runs June 1-May 31.

A pre-competitive gymnastics team, by invitation only, is offered for girls that have shown an exceptional level of skill or who have progressed through our recreational classes at an accelerated pace. Pre-team is an introduction into the competitive gymnastics program and does not compete. Our highly skilled coaches have the opportunity to train and develop their skills to prepare for the competitive team.

Winter Session Dates

January 6-February 1 • February 10-March 8 • March 10-April 5

Visit [CharlesCountyParks.com/Recreation/Gymnastics](https://www.charlescountyparks.com/Recreation/Gymnastics) to view the full schedule and register online!

Gymnastics Class Descriptions

Tiny Tumblers: Parent participation class designed for small children. Promotes proper brain development, motor skills, communication, and social skills while providing a fun bonding experience. Only one parent per child permitted in gym (no siblings). Participants must bring a water bottle. Age: 2 & 3

Twisters: Learn basic gymnastics skills and terminology to help build self-esteem, increase flexibility, and coordination. Only one parent per child permitted into observation area while class is in session (no siblings). Participants must bring a water bottle. Age: 4 & 5

Red Beginner: Introducing basic gymnastics skills, positions and safety for floor, beam, vault, and bars. Participants must bring a water bottle. Age: 6+

White Advanced Beginner: For gymnasts who have completed Red level skills and are familiar with basic skills on equipment. Participants must bring a water bottle. Age: 6+

Intermediate Gymnastics: For intermediate gymnasts who have completed White level. Students should have a strong roundoff and back bend kickover on the floor before advancing to this level. Participants must bring a water bottle. Age: 6+

Advanced Gymnastics: This specialty class is for advanced gymnasts who have completed Blue. It is a comprise of all of our advanced levels (gold & platinum) Students will learn a strong handstand, back hip circle, pullover on bars, and Big Cast. Participants will need to bring a water bottle.

Cheer Advance - Prep: Description: This class is designed to introduce the advanced components of cheerleading to younger athletes. Learn the fundamentals of routine through motions, jumps and stunting for cheerleading by performing drills that lead to skill progression. Emphasis will be placed on stretching, conditioning, skills and techniques to help accomplish the skills needed to progress to the athlete's desired goals in cheerleading. Participants will need to bring a water bottle. Age: 6+

Cheer Beginner - Tumbling: This class is designed to introduce the basic components of tumbling to younger athletes. Learn the fundamentals of tumbling for cheerleading through drills and skill progression. Emphasis will be placed on skill and techniques for proper form and conditioning drills to help accomplish the skills needed to progress to the athlete's desired goals in cheerleading. If your athlete is working on skills regarding a handstand, forward roll, backwards roll, cartwheel or round off. Please register to cheer beginners. No skills required. Participants will need to bring a water bottle. Age: 6+

Cheer Intermediate: This class is designed to introduce the intermediate components of tumbling to younger athletes. Learn the fundamentals of tumbling for cheerleading through drills and skill progression. Emphasis will be placed on skill and techniques for proper form and conditioning drills to help accomplish the skills needed to progress to the athlete's desired goals in cheerleading. Participants will need to bring a water bottle. If your athlete is working on skills regarding a bridge kickover, front walkover, back walkover, or beginning handspring training. Please register to cheer intermediate. Athletes MUST have mastered the skills of handstand, rolls, cartwheel, and round off. Age: 6+

Cheer Advanced - Tumbling: This class is designed to introduce the advanced components of tumbling to younger athletes. Learn the fundamentals of tumbling for cheerleading through drills and skill progression. Emphasis will be placed on skill and techniques for proper form and conditioning drills to help accomplish the skills needed to progress to the athlete's desired goals in cheerleading. Participants will need to bring a water bottle. If your athlete is working on skills regarding handsprings, tucks, layout or combination training. Please register to cheer advanced. Athletes MUST have mastered the skills of handstands, both rolls, cartwheel, round off, both walkovers, and single back handspring. Age: 6+

Elite Dance Beginner Mini: Join us for a class full of fun for girls ages 4-6! Explore different dance styles from various cultures, including African rhythms, ballet, and hip-hop. Perfect for all skill levels, this class fosters creativity, confidence, and a love for dance. Come dance, make new friends, and learn about global dance traditions!

Elite Dance Beginner: Join us for a class full of fun for girls ages 7 and up! Explore different dance styles from various cultures, including African rhythms, ballet, and hip-hop. Perfect for all skill levels, this class fosters creativity, confidence, and a love for dance. Come dance, make new friends, and learn about global dance traditions!



THERAPEUTICS (SPECIAL POPULATIONS)



Special Olympics

MARYLAND • CHARLES COUNTY



Special Olympics Maryland and the Department of Recreation, Parks, and Tourism in a partnership offer a year-round program for athletic conditioning, training, and competition for individuals with intellectual disabilities who are at least eight years of age. There is no maximum age limit. All Special Olympics sports activities are free of charge to athletes. Currently, Special Olympics Charles County offers a chance to compete in ten Olympic-style sports annually. Online registration is available at www.CharlesCountyParks.com and required to participate in Special Olympics Sports.

SPECIAL OLYMPICS NEWS

JOIN OUR EMAIL LIST • Send an email to SpecialOlympicsCharlesCounty@gmail.com. For more information, please call John Nolan at 571-926-2608 or follow us on Facebook group: Special Olympics MD - Charles County.

REGISTRATION • All athletes and unified partners must register before training. Register before the deadline to enable verification of paperwork. No registrations will be accepted for bowling, or golf after the September 14 deadline.

VOLUNTEERS NEEDED • Create opportunities for our athletes. Volunteers are an important part of the Special Olympics program. Please consider volunteering your time with this worthwhile program. For details call 571-926-2608.

COACHING OPPORTUNITIES • Coaches must be 18 years or older and are subject to a criminal background investigation. Training is offered. For details email SpecialOlympicsCharlesCounty@gmail.com.

UPDATING MEDICALS • The policy of Special Olympics MD is that ALL medical/volunteer applications must be updated every three years. This is required before a participant can attend training. To determine your status, please email SpecialOlympicsCharlesCounty@gmail.com. Coaches will enforce this policy.

UNIFIED SPORTS® • Unified Sports® is a unique opportunity for traditional Special Olympics athletes and partners (without intellectual disabilities, with similar ability levels) to train and compete as a team against other Unified Sports teams. We currently offer this opportunity in basketball, bocce, ten-pin bowling, and golf.



Therapeutics Recreation and Special Olympics Offerings Can Be Found On Page 19.

Save the Date

JAN 10-19, 2025



Charles County
RESTAURANT WEEK
Legends, Lore and Room to Explore

